

ULLENS SCHOOL

A CENTER OF EXCELLENCE IN EDUCATION



International
Baccalaureate
Diploma
Programme



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“Life in the 21st century, in an interconnected, globalized world, requires critical thinking skills and a sense of international mindedness, both of which International Baccalaureate Diploma Programme (IBDP) students learn and understand.”

- IBO



“Nepal can be the Land of Education in South Asia.”

— GUY ULLENS
PATRON OF ULLENS SCHOOL

Mission, Vision and Beliefs

Our Vision

The vision of Ullens School is to become an international center for academic excellence that fosters social responsibility and international mindedness among our students.

Our Mission

The mission of Ullens School is to encourage and empower children to pursue their intellectual curiosity and creativity along with a path of self-discovery that leads to responsible adulthood and to provide a multi-faceted learning environment that includes parents, teachers, students, and the community, where children from different cultures and ethnic backgrounds are treated with respect and dignity.

Our Beliefs

- A. Every child is unique. The Ullens approach to teaching respects cognitive diversity of its children.
- B. Education develops a child to a complete being, which includes the child's social, emotional, physical and intellectual development.
- C. Education leads to the understanding of important concepts and mastery of essential skills through instruction which is based on well-researched philosophies of teaching and learning strategies. The school believes that:
 - Learning is 'child-focused'.
 - Learning is active: students are engaged with real experiences and 'hands-on' activities, which help them to construct and develop their own understandings.
 - Learning is engaging students in critical and creative thinking: students deepen their understanding through questions which ask them to solve problems, make connections, draw conclusions and articulate their own ideas.
 - Learning is students reflecting on what they have learned from their experiences.
- D. Education is enhanced through respectful, open and supportive relationships between students and teacher. Students are encouraged to be creative and to share their ideas and feelings.
- E. Education is interactive. Parents and teachers are engaged in a partnership through which they support each other to provide positive learning environments for children.

Message from the Principal

Dear prospective students and parents,

Ullens School is the first and only IB Diploma Programme (IBDP) School in Nepal. Ullens School has been running this globally renowned program since 2009 AD. Over 500 students already graduated from the program and are studying in top universities and colleges worldwide. International Baccalaureate Diploma Programme's relevance has been significantly increasing since it was founded back in 1968. Initially there were just seven IB Diploma Programme Schools in 1968 and there are almost 5000 IB World schools in more than 151 countries.

Ullens IB Diploma Programme is a two year pre-university international education programme for 16-19 year old students. It prepares students to become a critical thinker, problem solver, lifelong learner and independent thinker. It equips students with required skills and knowledge for university and higher education.

Dear prospective students, choosing IB Diploma Programme at Ullens School has many benefits. Ullens School's IB Diploma Programme aims to develop students who have excellent breadth and depth of knowledge and help students flourish physically, intellectually, emotionally and ethically. You will be encouraged to think independently and take ownership of



“Ullens School’s IB Diploma Program aims to develop students who have excellent breadth and depth of knowledge and help students flourish physically, intellectually, emotionally and ethically.”

your own learning. You will be engaged in varieties of activities which make you culturally aware and able to engage and interact with people in an increasingly globalized, rapidly changing world. Students of IB Diploma Programme are likely to perform better compared to other programme students. Highest ranking universities around the world give high priorities to the graduates of IB Diploma Programme in admissions.

Dear prospective parents, Ullens School is highly regarded for its international education programme. We provide world class school facilities and wonderful learning environment. Each space is purposefully designed to enhance learning and interaction. If you have a daughter/son who has appeared in this year's SEE (Secondary Education Examination) or equivalent examinations and are seeking for highly rigorous international education programme in grade eleven and twelve, I encourage you to come and visit Ullens School personally. Please email me at medin@ullens.edu.np or call me at 977-01- 5151151 for school visit and more information.

Sincerely,

Medin Lamichhane
Principal

Ullens School

At Ullens School we respect individual differences and interests. We offer a safe and happy learning environment. Our teachers combine gentleness with justice and maintain high standards of ethical behavior as well as intellectual achievement.

We encourage children to think for themselves by pursuing their intellectual curiosity and creativity. We guide students as they develop their own ideas and seek

creative solutions to problems. Our teachers nurture critical thinking by encouraging students to work without fear, ask questions, analyze, and draw logical conclusions.

Ullens treats children from all cultures, race and ethnic background with respect and dignity. Children learn to value diversity and recognize the importance of social equality. The atmosphere at Ullens School helps students learn self-respect and respect for others. Self-discipline grows as students come to believe 'I am capable', 'I am needed', and 'I can influence what happens to me'. In fostering self-discovery, we seek to develop a child's intellectual and social skills equally. Our aim is to empower children to become responsible and capable adults.

Ullens School offers a multifaceted and balanced curriculum for grade 1-12, remaining within the framework of the Nepal Government's National Curriculum. The school delivers this curriculum through the Ullens approach to teaching. We maintain a partnership with the Bank Street College of Education, New York, a pioneer in innovative and progressive education. Ullens School also offers the International Baccalaureate Diploma Programme (IBDP) and National Examination Board (NEB) curriculum.

Ullens School is the first and only IB World School in Nepal that has been authorized by the Government of Nepal to run the IB Diploma Programme.



The IBDP Curriculum

The IBDP curriculum contains six subject groups with a core made up of three separate parts. Students study six subjects selected from the six subject groups. Normally three subjects are studied at higher level and the remaining three subjects are studied at standard level.

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Candidates have to select 6 subjects (3 at a Higher Level and 3 at a Standard Level) from the ones listed above. Students will have to select at least 5 subjects from Groups 1-5 and their 6th choice could be from Group 3,4 and 6.

Ullens School IBDP offers the following subjects:

Groups	Subjects	Higher Level (240 teaching hours per subject)	Standard Level (150 teaching hours per subject)
Group 1	Studies in language and literature (Language A)	<ul style="list-style-type: none"> Nepali English Language and Literature 	<ul style="list-style-type: none"> Nepali English Language and Literature Self Taught
Group 2	Language acquisition (Language B)	English	Language ab initio: <ul style="list-style-type: none"> French Spanish
Group 3	Individuals and Societies	<ul style="list-style-type: none"> Business and Management Economics Psychology Social and Cultural anthropology 	<ul style="list-style-type: none"> Business and Management Economics Psychology Social and Cultural Anthropology Environmental Systems & Societies
Group 4	Sciences	<ul style="list-style-type: none"> Chemistry Physics Biology Computer Science 	<ul style="list-style-type: none"> Chemistry Physics Biology Computer Science Environmental Systems & Societies
Group 5	Mathematics	<ul style="list-style-type: none"> Mathematics: Analysis and Approaches HL Mathematics: Application and Interpretation HL 	<ul style="list-style-type: none"> Mathematics: Analysis and Approaches SL Mathematics: Application and Interpretation SL
Group 6	The Arts	<ul style="list-style-type: none"> Film Studies Theatre Visual Arts 	<ul style="list-style-type: none"> Film Studies Theatre Visual Arts





The Core

Theory of Knowledge (TOK) – an internally and externally assessed interdisciplinary component, which is designed to explore and critically examine different concepts of knowledge found in various subjects and culture. It encourages curiosity, inquiry and critical thinking about knowledge itself and help students make sense of what they learn and encounter in school and the world around them.

Extended Essay (EE) – an externally assessed, independent research assignment of 4,000 words in one of the six subject areas. The EE is an in-depth investigation through which the student can specialize in a certain subject area and become familiar with the level of research and writing expectations of a university level education.

Creativity, Activity, Service (CAS) – an integral part of the programme, which emphasizes individual social responsibility and a commitment to improving the world in which we live. CAS focuses on experiential learning and encourages students to gain real-life experience beyond the classroom. Especially the CAS Outdoor Leadership and the Community Service components of the Ullens School IBDP, offers rich and varied opportunities for students to get involved in.

CREATIVE EXPERIENCES

- Journalism
- Photography
- Cooking
- IT
- Drama/Theatre
- Music
- Dance
- Visual Arts
- Film

ACTIVITY

Outdoor Leadership

- Navigation and Orienteering
- Wilderness First Aid
- Wall/Rock Climbing
- Rafting and Kayaking
- Trekking, Camping and Expedition

Sports

- Basketball
- Swimming
- Football
- Table tennis
- Lawn tennis
- Badminton
- Martial Arts

SERVICES

- Elderly Homes
- Environment Project
- Local Community School Tutoring
- Health Service
- Children's Home (Differently Abled and Orphans)
- Sports Coaching

Project Week



Project Week is a core part of the IB diploma programme at Ullens School. It provides students opportunities to apply skills acquired throughout the CAS and academic courses. It is a weeklong service project outside Kathmandu valley, which all students are required to participate. The Project Week also provides students prospects to learn about communities and environment of the rural areas of Nepal as they stay with the local family during this period.

The Project Week covers the following components:

- **Research:** Conduct household surveys, focus group discussions, personal interviews and participant observation to learn about the local socio-economic conditions and environment. Learn survey and research skills and data processing.
- **Education:** Engage with students and teachers of local schools with games, preparation of educational materials, school sanitation activities and school environment management related assistance.
- **Action:** Hands on project to help the school and local community through activities like minor construction jobs, painting school building, furniture maintenance and farming.
- **Development:** Personal and Community Development

Prior to the Project Week, the students organize various activities in school to raise funds, which are used to make donations and purchase materials for local schools.

Upon completion of the Project Week, all students are required to write a reflection/report on the experiences and learning outcomes of the Project Week. Furthermore, each group needs to hold a presentation to share their findings and experiences from the Project Week.



Admission

Ullens School follows a transparent and inclusive admission policy that does not discriminate against students on the basis of race, color and religion, or because of national or ethnic origin. We maintain a high level of economic, ethnic and occupational diversity of parents; and a gender balance in classrooms.

Students who wish to get enrolled at Ullens School IBDP should follow these steps:

STEP 1: Upon admission announcement, students who have completed or are waiting for results of their SLC (or equivalent) examinations submit the application form. Admission for the IBDP opens in April every year, for the academic session that starts in August.

STEP 2: The application committee consisting of the Principal, IBDP Director and IBDP Coordinator carefully review applications.

STEP 3: Students are then called for written examination on Mathematics and English language, and an interview.

Scholarships

Partial scholarships are available to students on merit and need basis. The scholarship committee of the school makes decision on scholarships and financial aid.





Salient Features

Academic Counseling Centre

Ullens School IBDP provides guidance for university admission (university selection, application, essay writing, TOEFL, IELTS, SAT and other entrance examinations) through its academic counseling centre. It helps students evaluate their abilities, interests, talents and personality in order to develop realistic academic and career goals. Students are also supported to identify their subjects for further studies through interviews, counseling sessions and interest and aptitude assessment tests. The academic counseling centre also invites representatives of different universities to hold a seminar for the students and parents.

IBDP Recognition

IBDP is widely recognized in Nepal and reputed universities around the world. Most of these institutions have established exclusive recognition and extra credit policies for the IB diploma. The IB diploma is also considered of enhancing better opportunities for admission to universities worldwide with scholarships. IBDP graduates get admitted to best known universities on a regular basis and have greater acceptance rate in universities' undergraduate programmes.

Counseling

Ullens School IBDP provides counseling services to address social, emotional and behavioral needs of the students. Counseling helps students cope with stressors of teenage life and the academic demands of the programme. Counseling services are tailored to meet the needs of each individual, whereby counseling sessions help them improve their self-esteem, interpersonal and social skills, organizational and time management skills, and their ability to cope with numerous stressors. The counselors maintain high degree of confidentiality in order to create an environment for students to clearly discuss their issues.

About IBO



History

The International Baccalaureate Organization was founded in Geneva, Switzerland in 1968 as a non-profit educational foundation.

Mission

The International Baccalaureate aims to develop inquiring, knowledgeable and caring young people who help to create a better and more peaceful world through intercultural understanding and respect. To this end the IB works with schools, governments and international organizations to develop challenging programmes of international education and rigorous assessment. These programmes encourage students across the world to become active, compassionate and lifelong learners who understand that other people, with their differences, can also be right.

Main activities

The IB works in four areas:

- Development of curriculum
- Assessment of students
- Training and professional development of teacher
- Authorization and evaluation of schools

Size

The IB works with almost 4,786 schools in 153 countries to offer the four IB programmes to more than one million students.

(Source: www.ibo.org, Feb 2018)

IB World Schools

The IB does not own or manage any schools. Instead, IB works with schools around the world (both state and privately funded) that share our commitment to international education.

Schools that have been authorized by IB to offer one or more of our programmes are known as “IB World Schools”. These schools:

- share the mission and commitment of the IB to quality international education.
- play an active and supporting role in the worldwide community of IB schools.
- share their knowledge and experience in the development of the IB programmes.
- are committed to the professional development of teachers.

Authorization to become an IB World School is an intensive process that typically takes two or more years and includes site visits by an IB team.

Programmes

The IB offers four programmes for students aged 3 to 19. IB World Schools can offer the programmes individually or as a continuum.

- **The Primary Years Programme (PYP)** for students aged 3-12 started in 1997 and is now offered by 1,472 IB World Schools in 109 countries.
- **The Middle Years Programme (MYP)** for students aged 11-16 started in 1994 and is now offered by 1,356 IB World Schools in 108 countries.
- **The Diploma Programme (DP)** for students aged 16 to 19 started in 1968 with first examinations in 1970 and is now offered by 3,923 IB World Schools in 153 countries worldwide. It is a challenging two-year curriculum that is widely recognised by leading universities throughout the world.
- **The Career-related Certificate (IBCC)** for students aged 16 to 19 is a new programme within the IB is now offered by 214 IB World Schools in 23 countries.

(Source: www.ibo.org, November 2018)

UPDATED INFORMATION: <http://ibo.org/about-the-ib/facts-and-figures/>



IB Learner Profile



The aim of all IB programmes is to develop internationally minded people who, recognizing their common humanity and shared guardianship of the planet, help to create a better and more peaceful world. IB learners strive to be:

Inquirers

They develop their natural curiosity. They acquire skills necessary to conduct inquiry and research and show independence in learning. They actively enjoy learning and this love of learning will be sustained throughout their lives.

Knowledgeable

They explore concepts, ideas and issues that have local and global significance. In doing so, they acquire in-depth knowledge and develop understanding across a broad and balanced range of disciplines.

Thinkers

They exercise initiative in applying thinking skills critically and creatively to recognize and approach complex problems, and make reasoned, ethical decisions.

Communicators

They understand and express ideas and information confidently and creatively in more than one language and in a variety of modes of communication. They work effectively and willingly in collaboration with others.

Principled

They act with integrity and honesty, with a strong sense of fairness, justice and respect for the dignity of the individual, groups and communities. They take responsibility for their own actions and the consequences that accompany them.

Open-Minded

They understand and appreciate their own cultures and personal histories, and are open to the perspectives, values and traditions of other individuals and communities. They are accustomed to seeking and evaluating a range of points of views and are willing to grow from the experience.

Caring

They show empathy, compassion and respect towards the needs and feelings of others. They have a personal commitment to service and act to make a personal commitment to service, and act to make a positive difference to the lives of others and the environment.

Risk-Takers

They approach unfamiliar situations and uncertainty with courage and forethought, and have the independence of spirit to explore new roles, ideas and strategies. They are brave and articulate in defending their beliefs.

Balanced

They understand the importance of intellectual, physical and emotional balance to achieve personal wellbeing for themselves and others.

Reflective

They give thoughtful consideration to their own learning and experience. They are able to assess and understand their strengths and limitations in order to support their learning and personal development.

- IBO

Ullens Team

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President



Dr. Arnico K. Panday, *Trustee*



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Hem Shrestha, *Trustee*



Bhim Shrestha, *Trustee*

MANAGEMENT LEADERS



Dr. Arzu Rana Deuba
Chairperson, SMC



Medin Lamichhane
Principal



Aruna B. Gyawali
Chief Operating Officer



Sanjeev Lama
IBDP Coordinator



Ekta Rana
Senior School Coordinator



Bunu Karki Thapa
Director, Ullens Kindergarten



Shankar Dhital
Director (Finance)



Shakar Babu Subedi
Senior Manager



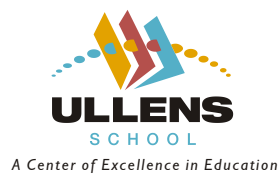
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