

ULLENS NEWS

VOLUME 4, YEAR 15, OCTOBER-DECEMBER 2020

Message from the Principal

Dear Parents and Guardians,

I hope this message finds you in good health. We are pleased to present the third edition of the lockdown newsletter series. It has been almost a year since we began dealing with the COVID-19 pandemic, which stretched longer than anyone could have ever expected. It has most definitely been difficult for each one of us in this journey which we continue to take, with a light of hope in our hearts, which leads us towards thinking that better days are on its way and just over the horizon.

I would like to take this opportunity to thank each parent who has shown faith in us and graced us with their support throughout and I believe I say this on behalf of the entire Ullens family, without your support we would not have reached so far. We especially thank you for all the timely fee payments even during such challenging times. It has enabled us to financially sustain our institution and meet our financial obligations. We hope you will continue supporting us throughout and we will surely get through these difficult days together.

The school has been providing online classes since April 2020. We have tried our level best to make the online lessons' delivery as pleasant of an experience as possible for both our teachers and students because we understand that it

is immensely important to create and maintain a good learning environment if we are to attempt to maintain our teaching standards. We have also put in a great deal of effort to provide all sorts of administrative and logistic support from our end to make such learning possible. After all, our students receiving quality education has always been our topmost priority over the many years of our existence and will continue to be.

I hope all of you have been receiving the Holiday Calendar and other relevant notices regularly, via email, from our communications department. Such notices seek to inform you about the holiday schedule that we have specifically planned for the current year, as our academic calendar has been affected by the ongoing pandemic. We want to keep you informed ahead of time so that you can plan your schedules to make the most of students' vacations. Please keep in mind that the dates may change according to the situation and we will most certainly keep updating you if any such situations come to exist.

Nevertheless, now that times are slowly changing, we had our first grade XII NEB examinations and grade XI examinations (in-person written examinations) in school premises itself, as the assigned exam centres, after the government declared lockdown. Our team tirelessly spent multiple weeks



preparing for the health and safety of both students and invigilators during the exams. We took all safety measures, such as disinfecting all areas where there were multiple possible physical contact points (staircase handrails, furniture, doorknobs, bathrooms, and many more), frequently and preceding, during and succeeding the examination sessions. We even had placed several handwashing stations and hand-sanitiser bottles around the school, making certain that all possible entry points had an available sanitization point. Furthermore, to be sure that all individuals entering the school grounds were in good health, check posts with temperature check machines were set up at the entrance points. Similarly, we also had the IBDP in-person Parent Teacher Conference which was successfully organized by following the same safety measures.

I would also like to take the opportunity to inform you that the IBDP results are out now and our students have passed with flying colours! The results for the May 2020 session were released in July 2020. Owing to the pandemic, written exams were cancelled for the first time in the history of IBO. Students were graded based on their internal & external assessments, predicted grades, and historical evidence of the institution and region. The 107 students were registered as Diploma & Course Candidates. The highest score was 41/45.

The year 2020 was nothing like any of us had imagined. All of us had our challenges and struggles to overcome throughout the year. Now that we are

almost at the end of 2020, I wish you nothing but a great new year. I hope you have a safe and productive year ahead.

The third edition of lockdown Newsletter has covered all the activities that were done during the lockdown by our school community. This edition has tried to exhibit the ability and dedication of our team to work unanimously for providing quality education in these difficult times. I extend my sincerest thanks to the staff, teachers, parents, students and the entire team that have been helping Ullens to maintain its position as a centre of excellence throughout the years. I am certain we will continue working together with this spirit in providing quality education to our students in the coming days.

I would like to thank and appreciate the communications and editorial team for working hard to bring out our third edition of our lockdown-issue. I welcome all of our precious readers to provide us with feedback and suggestions for improvements, if there are any, in the days to come without any hesitation. You can reach me at principal@ullens.edu.np. We are here to work together for the growth and wellbeing of your child.

Kind regards,

Medin Lamichhane
Principal

In Focus: Dr. Arnico Panday

Our CEO, Dr. Arnico Panday joined the Ullens family after working many years in the field of science and policy. Following his postdocs' research at MIT and Princeton, he has gathered ample experience through a faculty position at the University of Virginia, and through ICIMOD's Atmosphere Programme. While his primary responsibility at Ullens Education Foundation is to steer the foundation through the Covid-19 Pandemic and internal reforms towards future growth, he has continued occasional involvement in his field as well.

On September 14 2020, he was the keynote speaker at the inauguration of the International Conference on "Aerosol Air Quality, Climate Change, and Impact on Water Resources and Livelihoods in the Greater Himalayas", hosted virtually by the Arya Bhatta Research Institute of Observational Sciences in Nainital, India. His presentation was titled "Aerosols and air quality across the Greater Himalayas: Emerging regional understanding & priorities for the decade ahead." The conference included 71 scientific presentations by senior and junior scientists from the US, Germany, Finland, Russia, Greece, Israel, Hong Kong, Japan, and India.

On December 23 2020, Dr. Panday gave a virtual presentation on climate change and the melting of Himalayan glaciers to Kanni Wignaraja, Assistant Secretary-General of the United Nations, Assistant Administrator, and Director of UNDP's Regional Bureau for Asia and the Pacific, as part of a broader conversation about UNDP's strategies for the coming decade.

On December 30 2020, he was a panellist at the Nepal Literature Festival in Sarangkot near Pokhara. Sitting in front of a backdrop of the Annapurna mountains partly obscured by forest fire smoke, he joined Shilshila Acharya (Chief Executive Officer of the Himalayan Climate Initiative), Maheshwar Dhakal (Secretary of the Ministry of Industry, Tourism, Forest and Environment of Gandaki Province) and Environmental Journalist Ramesh Bhushal in a conversation about climate change in Nepal.

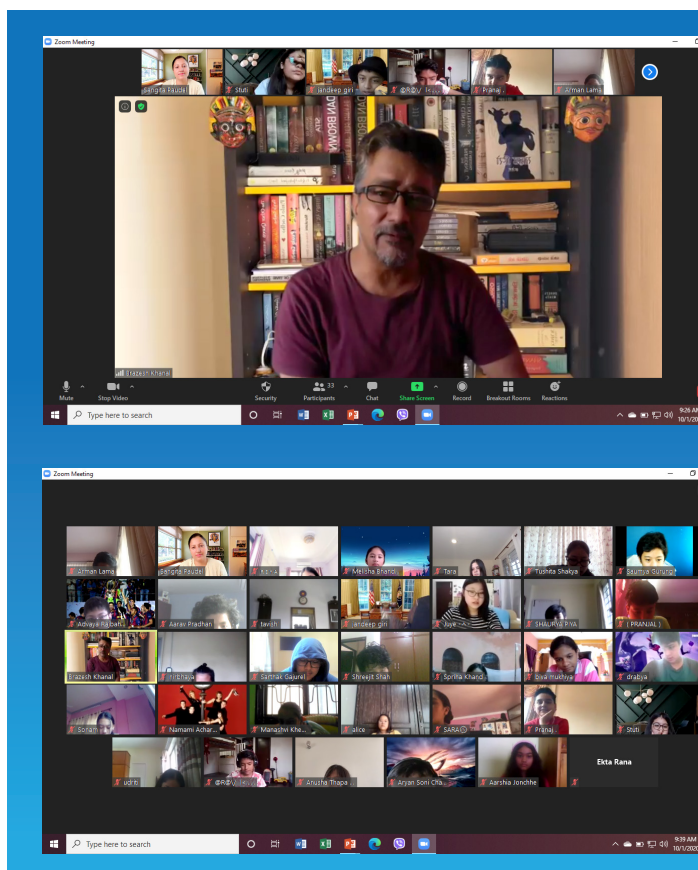
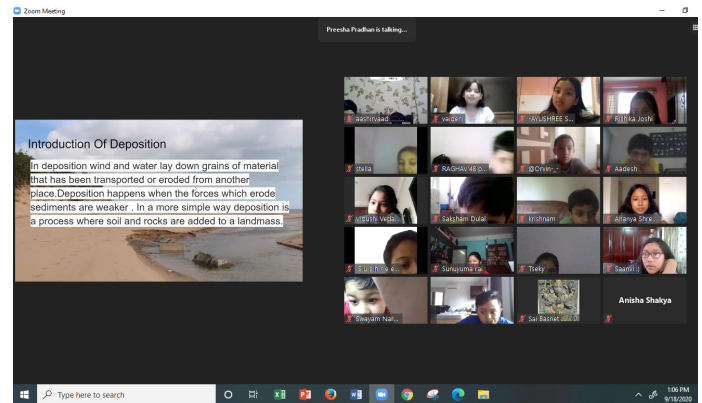
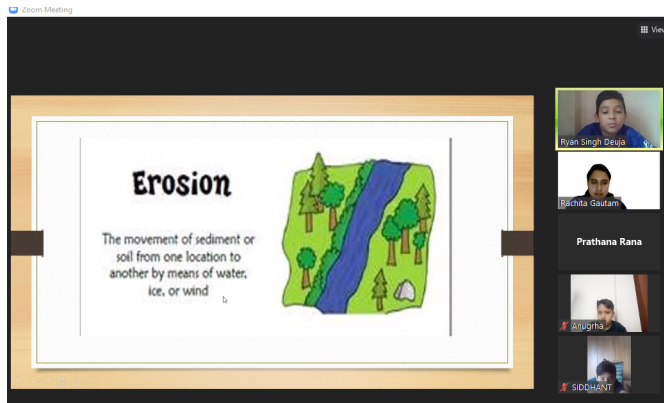
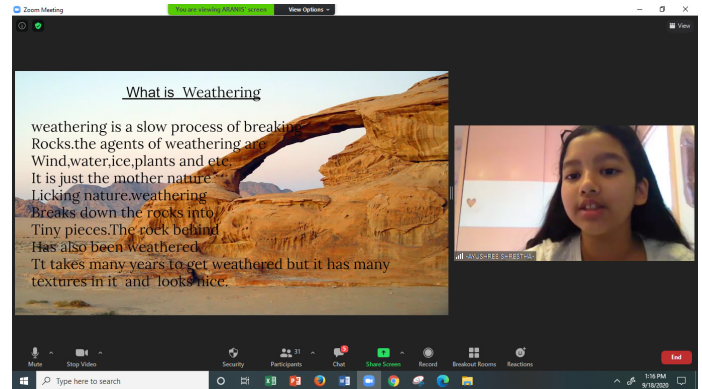
Dr. Panday continues to mentor past, current, and future students of atmospheric and environmental science, including a PhD student at IIT Kanpur studying the chemistry of water droplets in winter fog, and a student at the Physics Department at Tribhuvan University studying the factors controlling aviation visibility in Nepal. In 2020 he was also a co-author of seven peer-reviewed scientific publications. He has also recently been appointed as a Senior Research Fellow at The Institute for Integrated Development Studies. He looks forward to the opportunity to give guest lectures on atmospheric and climate science to the Ullens Community.



Ongoing School Activities:

Grade IV Weathering, Erosion and Deposition Presentation

October 2020 | Grade IV (A and B) students made their presentations on the topic of Weathering, Erosion and Deposition, and explained how and why the process takes place during one of their virtual classes. Such presentations show the depth of the student's understanding of the given topic, which further helps to build their overall learning.

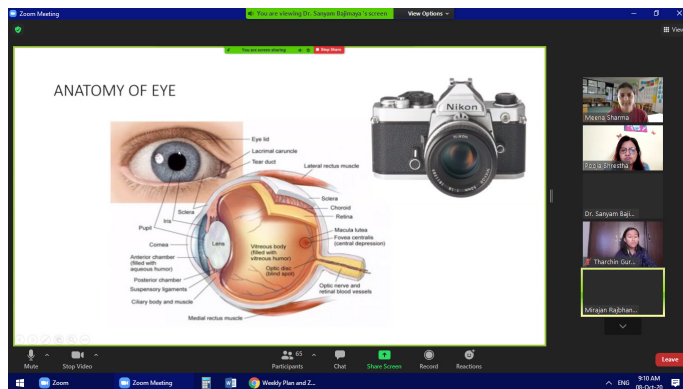


कक्षा ७ का कक्षामा लेखक ब्रजेश खनाल

कक्षा ७ का विद्यार्थीहरूले “सुरुङको बाटो” बाल उपन्यास अध्ययन पश्चात् उनीहरूको जिज्ञासा समाधानका लागि त्यस उपन्यासका लेखक ब्रजेश खनाललाई नै भर्चुअल कक्षामा आमन्त्रण गरी अन्तरक्रिया गरियो । कार्यक्रममा विद्यार्थीहरूले अध्ययनका क्रममा आफ्नो मनमा जागेका जिज्ञासाहरू राखेका थिए । अन्तरक्रिया कार्यक्रम समग्रमा शिक्षामूलक, ज्ञानवर्धक तथा व्यवहारोपयोगी हुनुका साथै प्रेरणादायी रह्यो ।

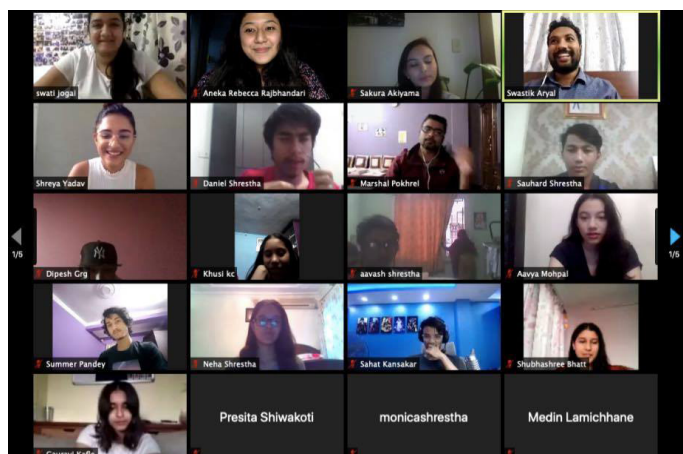
World Sight Day 2020

October 2020 | Hope in Sight was celebrated by Grade V students in the presence of Dr. Sanyam Bajimaya (Consultant Eye Surgeon- Tilganga Eye Centre) as the valuable guest speaker. During the session, Dr. Bajimaya explained why his focus this year has been on global attention on blindness and vision impairment and also further educated the students on the anatomy of the human eye.



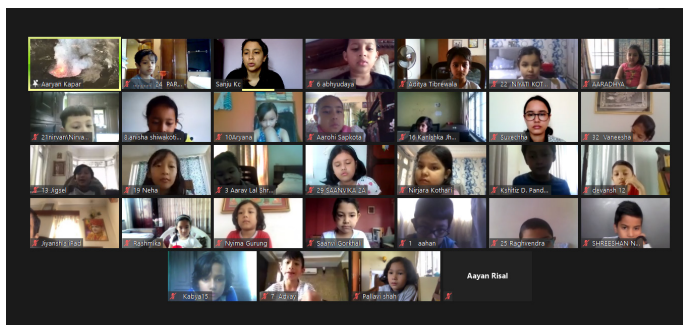
Ullens Alumni Experience Sharing Session

October 2020 | Five Ullens School alumni- Shreya Yadav (IBDP 2012), Swastik Aryal (SLC 2011, IBDP 2013), Sakura Akiyama Sharma (IBDP 2015), Aneka Rebecca Rajbhandari (SLC 2013, IBDP 2015) and Swati Jogai (SLC 2015, IBDP 2017) studying/ have studied in the US, Australia, Japan, China and India respectively, participated in a Ullens Alumni Experience Sharing Session on Saturday (October 10). The alumni speakers shared their university experiences, answered questions and provided suggestions to the Ullens School +2 and IBDP student attendees. Overall the event was a success all because of the alumni speakers and session attendees.



Rock Exploration Class

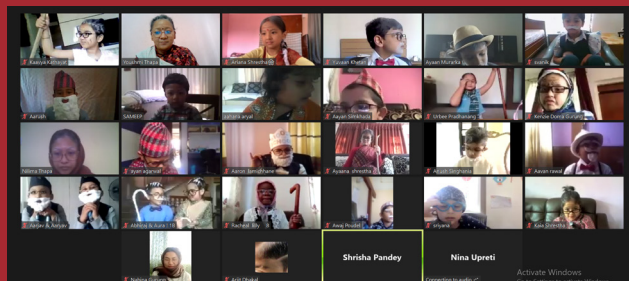
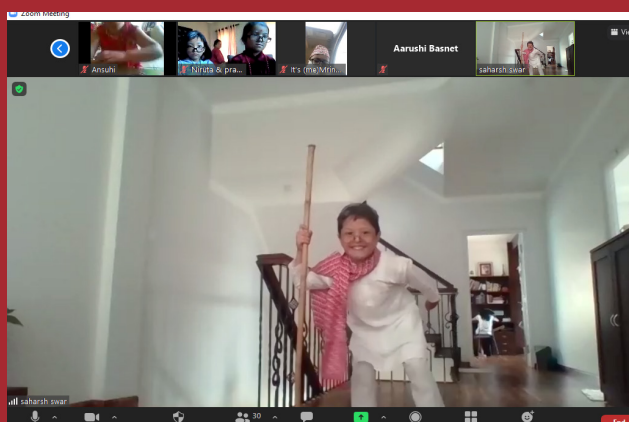
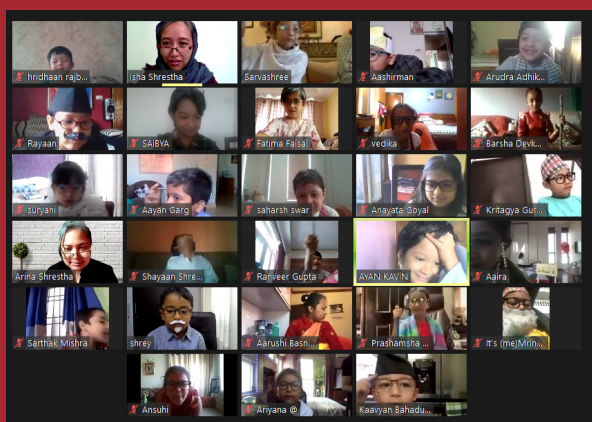
October 2020 | The students of grade II are learning and exploring about rocks as a part of their curriculum. Aaryan Kappar, one of our students from Grade III, shared about his igneous rock collection, which he got from Goma, Congo. Grade II students enjoyed the session by Aaryan and filled their queries about this particular category of rocks.



100 DAYS OF SCHOOL 2020

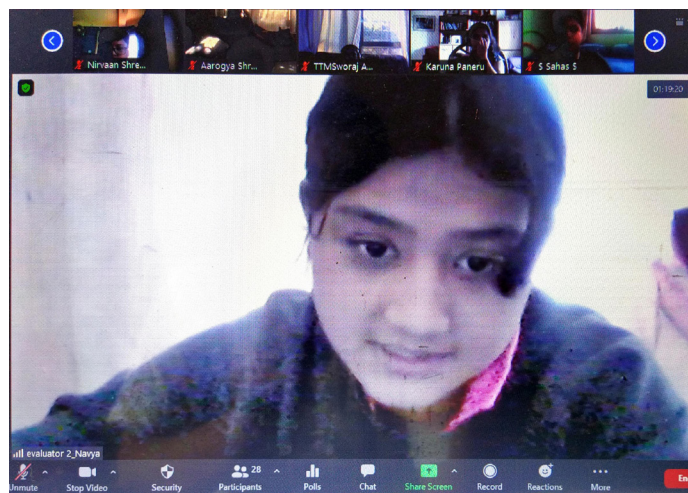
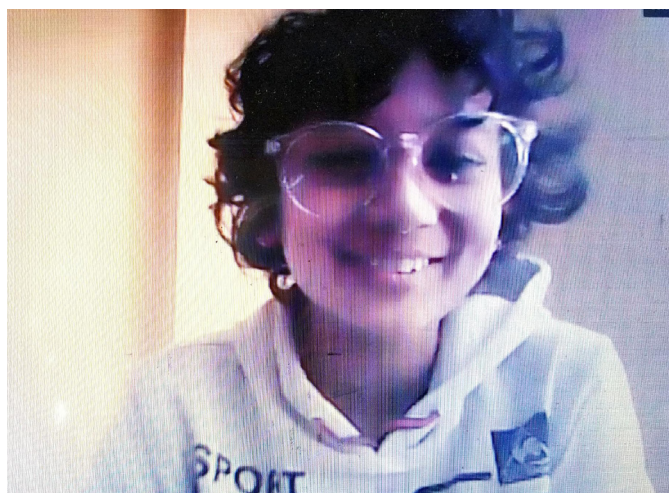
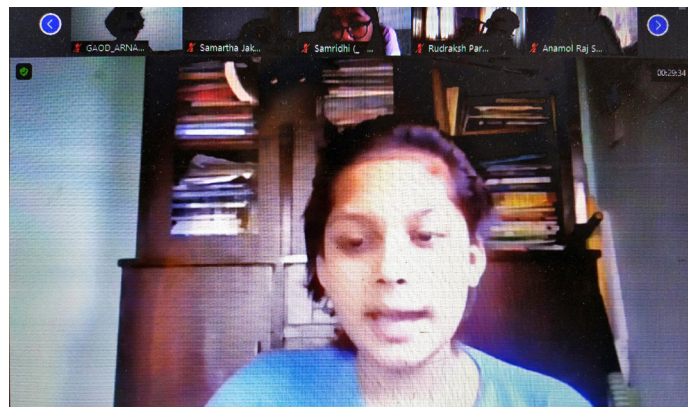
October 2020 | The 100th day of school is a day of having fun for all grade I students. It is time to reminisce the experiences so far and show what the students have learnt. The students celebrated this big day with the whole school by live-streaming their

performances on the school's official Facebook page. All students gathered on Zoom, dressed up as one hundred years old people to commemorate the day. Both students and teachers enjoyed seeing each other during the event in such an unusual year.



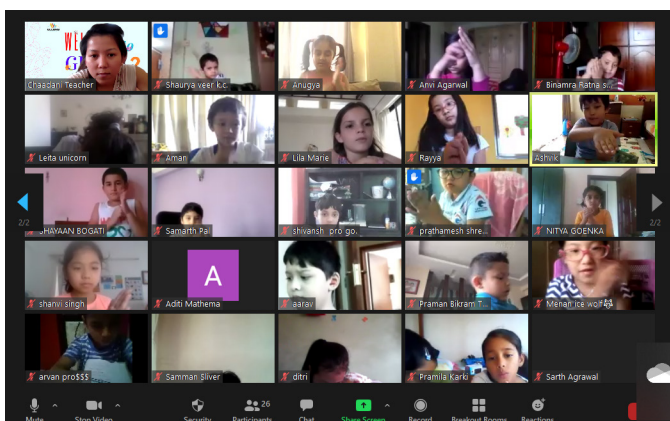
Speaker's Club Meeting

October 2020 | Students of grade VI have been conducting Speaker's Club Meeting once in a week. The club meeting is conducted with the motive of providing support to the students to develop and enhance their public speaking and leadership skills. Every week the students take up some specific roles and perform their duties to have a successful meeting. So far three meetings have been conducted.



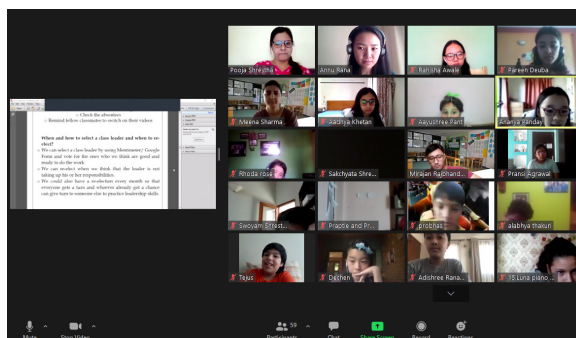
Global Hand Washing Day 2020

October 2020 | Every year, October 15 is celebrated as the Global Hand Washing Day. To mark this day, our second graders went over the proper handwashing steps. They also discussed the importance of washing hands, especially during the current time of the pandemic.



Classroom Constitution

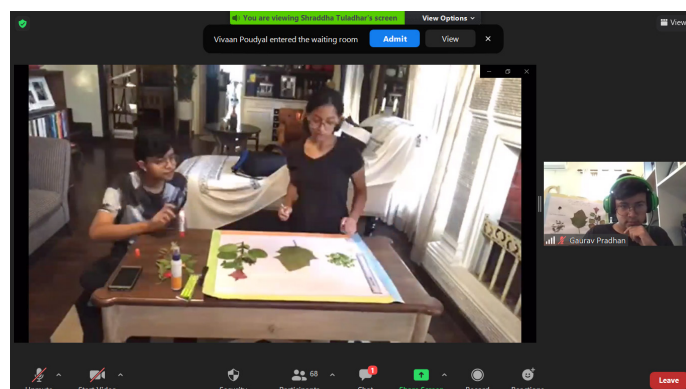
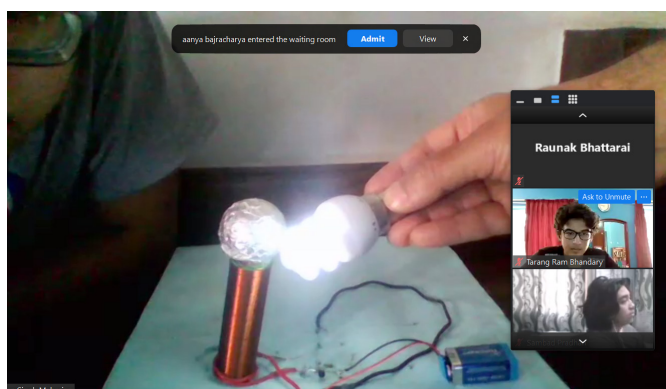
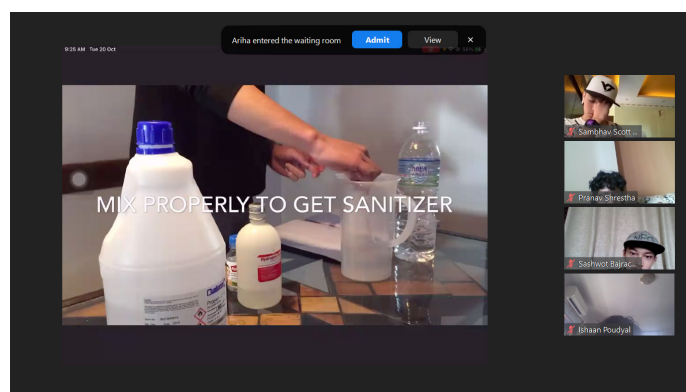
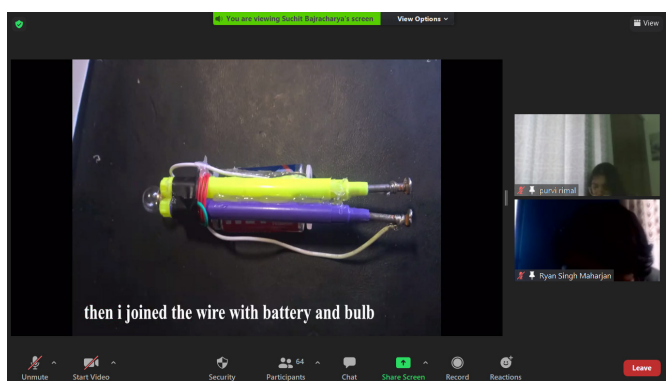
October 2020 | Grade V students brainstormed about their Classroom Constitution to maintain harmony and fairness in the classroom. They voted democratically for rules that could best guide them and shared their decisions. Such activities help the students to understand why discipline is important to maintain peace at a young age.



Science Fair 2020

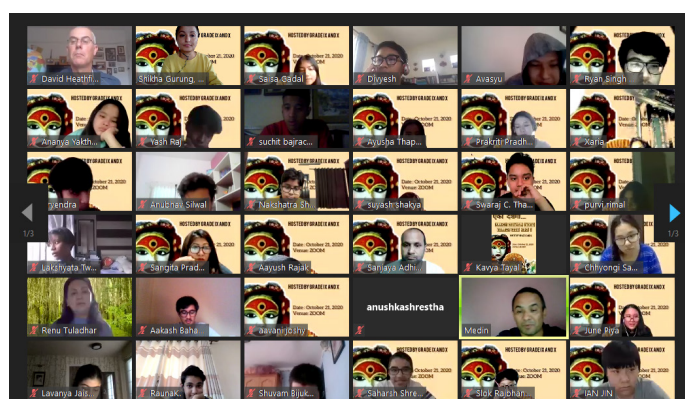
October 2020 | Grade IX students organized a Science Fair with the help of the Science Department on October 20, 2020. Students presented a variety of experiments and models related to science and technology, which they were prepared using locally available materials at home. The interest and enthusiasm shown by the students both during the fair

and preparation time were praiseworthy. Along with participants from different classes and teachers, Ms. Ekta Rana (Vice Principal-Academics), Mr. Medin Lamichhane (Principal) and Mr. Arnico Panday (CEO of Ullens Education Foundation) also joined as the special guests of the event.



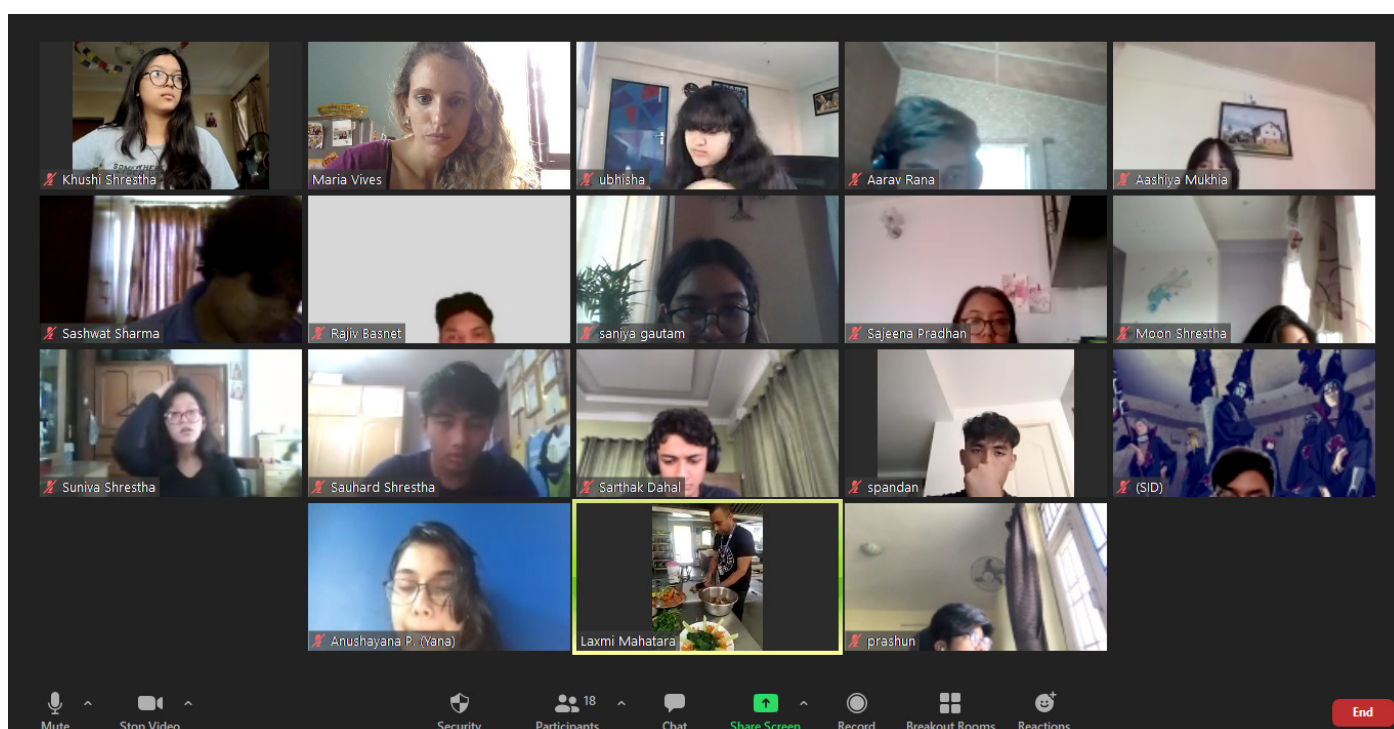
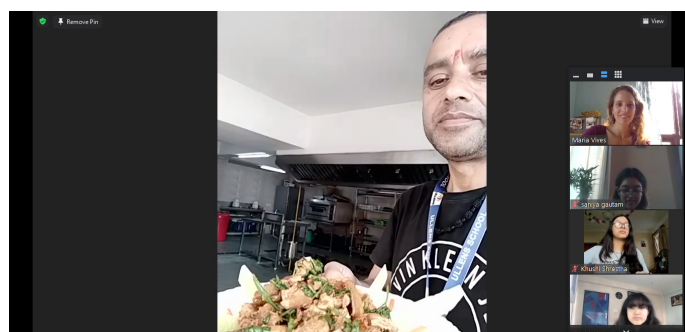
Ullens Virtual Story Telling Fest 2020

October 2020 | On October 21, 2020, the "Ullens Virtual Storytelling Fest 2020" took place, where students from different grades came together to tell their own, wonderful stories. This event was hosted by grade IX and X students, in which more than one hundred-ninety students participated.



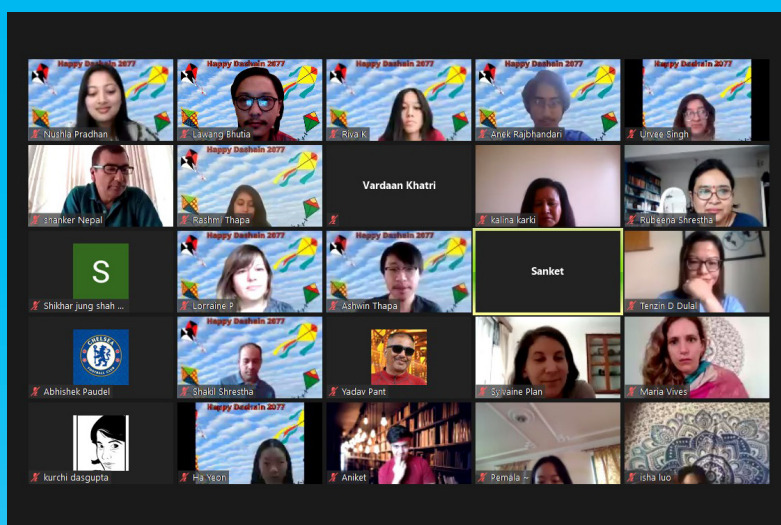
IBDP Virtual Cooking Class

November 2020 | IBDP students learned how to make some mouthwatering smoked chicken during their cooking class with the school chef. Just like other classes, this exciting session was too attended via zoom.



IBDP DASHAIN FEST 2020

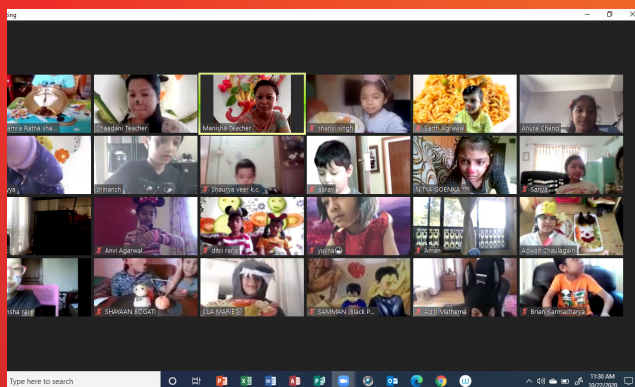
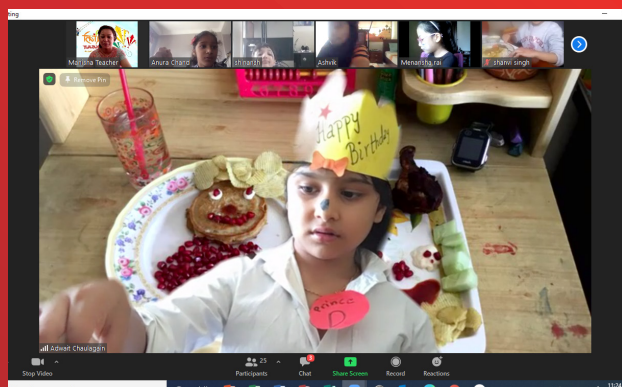
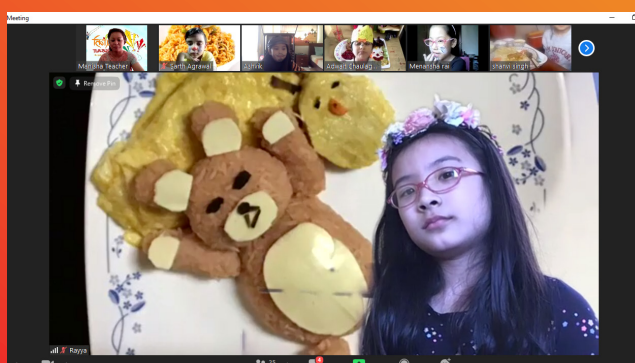
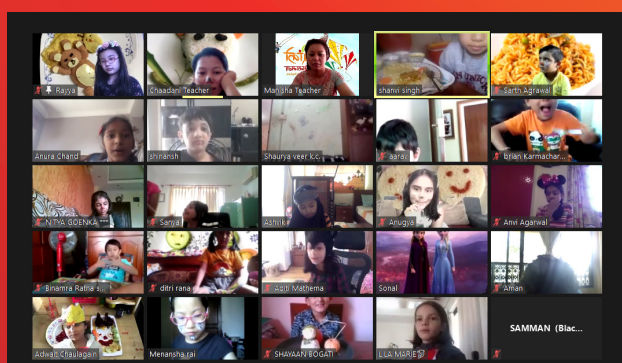
October 2020 | The virtual Dashain Fest was celebrated from 10 am until 12 noon on October 22, 2020. It was a part of the IBDP student's CAS activities and served as the CAS finals for this term. There was a total of two hundred thirty-three participants in the virtual fest which was organized by the Student Council.



GRADE II VIRTUAL DASHAIN PARTY 2020

October 2020 | Grade II students celebrated Dashain 2077 on the last day of school before Dashain holidays. Students cooked their favourite food at home and presented them in front of their classmates virtually as

part of the celebration. All students were quite excited to share their food and to interact with their friends and teachers. There were a total of forty-nine participants in the event.



Diversity Day Celebration 2020

November 2020 | Every year on November 11, the Annual School Day is celebrated together with the Diversity Day. Students celebrated this special day by engaging in a variety of activities as shown in these screenshots from their respective sessions this year. This was the first-time students celebrated Diversity day online via Zoom.

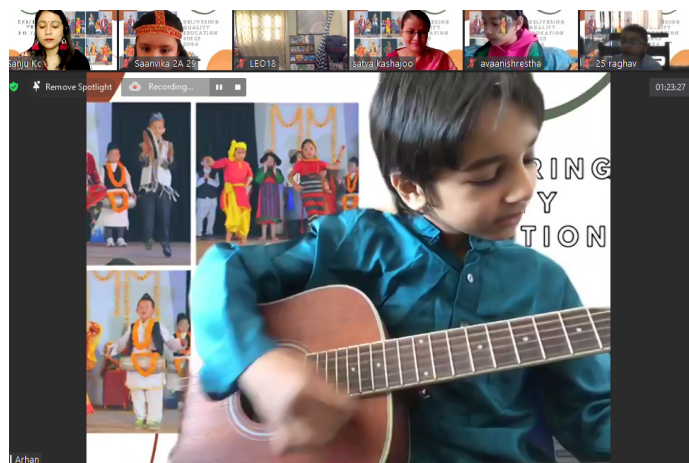
Grade - I Diversity Day Celebration 2020

On November 11, 2020, grade one students celebrated Annual School Day, which is celebrated together with Diversity Day each year. To mark this special day, grade one teachers took the opportunity to present the school to the new members, giving the grade one students a LIVE Virtual School Tour. Teachers combined the three sections of grade one and all ninety first graders explored every corner of their school virtually. Moreover, grade one celebrated diversity in their class. They had a Cultural Show and Tell. Students dressed up in their ethnic dresses and/or brought an object or artefact that relates to their culture. Students were excited to share it with their classes.



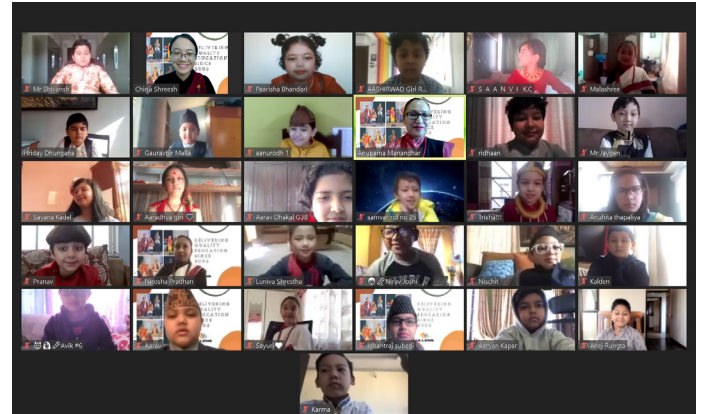
Grade - II Diversity Day Celebration 2020:

Most of the grade two students attended the class in their ethnic attire to celebrate diversity and the establishment of Ullens School. The event started with videos about Ullens School from its inauguration day to present-day school. The students were excited to see their classroom. Next, selected students shared about their traditional outfits, culture, traditions, and festivals. Students also shared about the languages they spoke. This was followed by musical and dance performances by the students. There was also a book reading and a short discussion session about why we celebrate diversity. Finally, a picture was taken together with the students holding play cards to form the message "Different is beautiful".



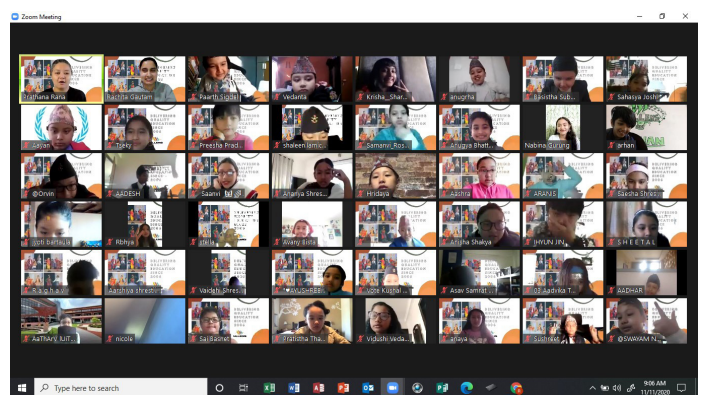
Grade - III Diversity Day Celebration 2020:

Grade Three celebrated their Annual School Day and Diversity Day with a lot of zeal for the first time in the virtual format. They presented dances and sang songs, showcased their artworks which reflected their culture and tradition, and also recited poems. Some of the students also shared recipes for their traditional food. All in all, the Grade Three School and Diversity Day celebration was a wonderful experience for all the students and teachers.



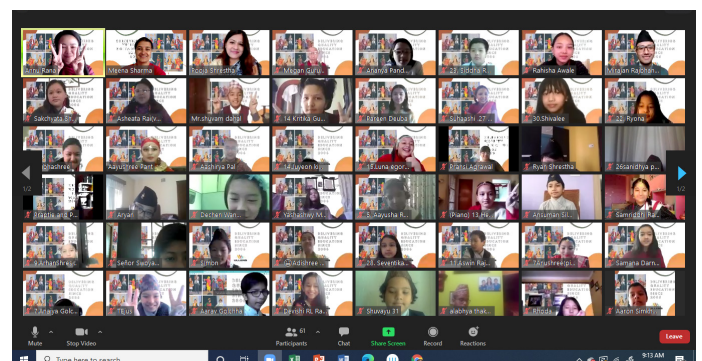
Grade - IV Diversity Day Celebration 2020:

Fourth graders celebrated a week-long School Day and Diversity Day 2020. The students shared pictures and videos of their ethnic attire, food, jewellery and celebrations. The diversity that was shared by the children was not limited to their ethnicity. They shared their love for different food from other cultures like sandwiches, pancakes and spicy chicken. They even shared how they greet in their language and enjoyed a virtual lunch party accompanied by fun games. The celebration was concluded by having a virtual tour of the school. The event also had a guest speaker, Miss Nabina Gurung, one of the Ullens alumni who is currently teaching at the school. She shared her journey and experience of studying in the Ullens back then. For Social and Language class- students expressed their basic greetings (English and Nepali) in their languages for Mathematics class- students made bar graph representations (Diversity in grade IV), for Science class- students shared different landforms of the country where they were born and grew up. The week-long celebration has enhanced student's knowledge of "Unity in Diversity".



Grade - V Diversity Day Celebration 2020:

The day was enriched by Ms. Mandira Sharma's visit to the class. As a lawyer and Human Right activist, she highlighted the importance of equality for all people and how her passion for her work as an active citizen motivated her to fight for all. Grade five has been exploring 'diversity' through various lenses, be it through bar graphs illustrations of ethnic groups in their class, unique tools/machines, sharing their food with friends or simply participating by putting on their ethnic dress. Students and teachers made the most out of the day and created a unique celebration together despite challenges.



Grade - VI Diversity Day Celebration 2020:

To celebrate this auspicious day, the students of grade six hosted online celebrations. The purpose of this event was not only to celebrate the school's 14th anniversary but also to embrace unity in diversity. All the diverse culture, tradition, language, people, religion, ethnicity, etc., that we have are unique yet special and that's exactly what makes our country a beautiful place to live in. The homeroom teachers and students together celebrated the day with a total of sixty-three students and four teachers in the event. The event was hosted online via Zoom. In the event, the students watched the inauguration video of Ullens School where the new students got a chance to see the school more closely. The students presented their essays and a short presentation about their ethnicity. They also presented their ethnic food, attire, rites and rituals, culture, and many more interesting facts. This not just helped the students to learn about each other's culture but also helped them know more about their own culture. Overall, it was a very meaningful and successful event.



Grade - VII Diversity Day Celebration 2020:

Ullens School is well-known for its diverse student population. As a tradition, diversity is celebrated annually on November 11, and for the first time in its history, it was celebrated virtually. Students of both sections of grade 7 participated in this event. They showcased, different PowerPoint and video presentations, of popular food items, attires and phrases of their culture. For instance, one student taught how to make Austrian fritatten soup, and some Newar students taught how to make delicacies such as yomari, chhwela, wo etc. Many other students came online dressed in their traditional attires. The celebration of Diversity Day at Ullens School allowed the students to not only enjoy the diversity in our society but also taught them the need to value and respect different cultures and perspectives.



Grade - VIII Diversity Day Celebration 2020:

On November 11, 2020, School Annual Day and Diversity Day were celebrated by grade eight students. It was a joyous moment for both the homeroom teachers and the students as it was the 14th year of Ullens School. Majority of the students participated. The event started with a virtual tour of Nepal

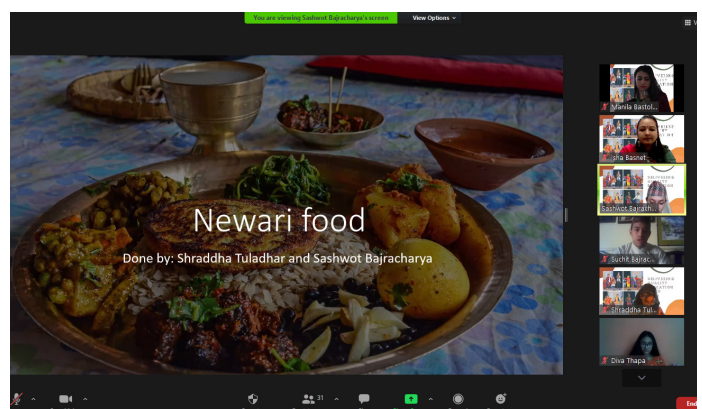
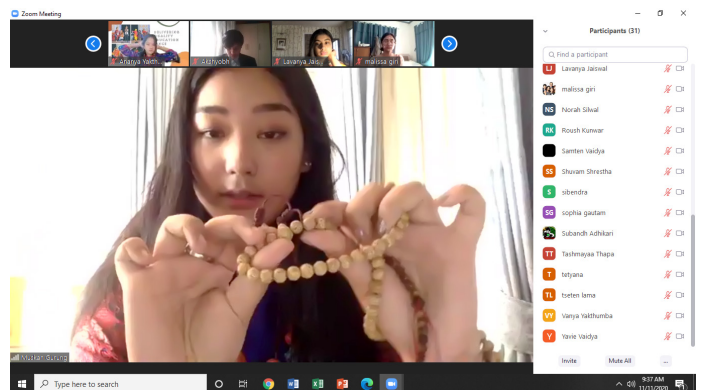
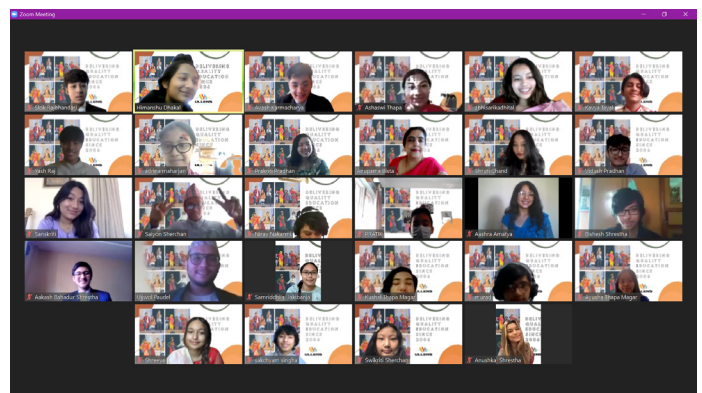


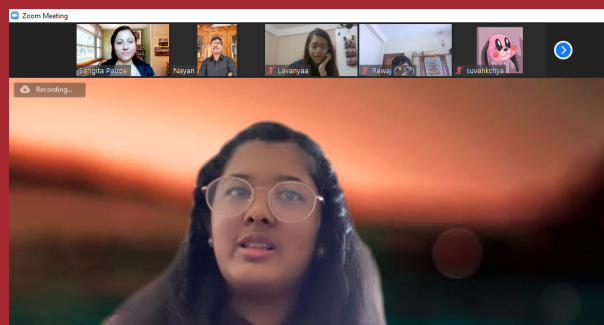
which reflected all the kings of the country. It also included some historical, cultural and geographical background of Nepal. After that, there was a musical performance where Tanushree Bajimaya played the violin and Greycy Shrestha recited a poem. The PowerPoint presentation was shown at the end of the event which was about the Newari culture. Additionally, the event also included a storytelling session, a showcase of cultural objects, information shared related to Brahmin, Rai, Limbu, Gurung Chettri and Marwari culture. In conclusion, it was a great day for everyone. The students brought diversity by showcasing their culture, tradition and customs and enjoyed the event. The entire grade eight students thanked Ms. Sangita Pradhan Shakya for her guidance and support to make the event successful.



Grades - IX & X Diversity Day Celebration 2020:

With the numerous synonyms of the word 'Diversity' like variety, heterogeneity, multiplicity, and many more, it is quite reasonable to say that 'Ullens' is one more addition to the existing ones due to some visible reasons. Ullens includes, accepts, enjoys and celebrates students, teachers and non-teaching staffs from different cultures, ethnicities, castes, languages, religions, nationalities, economic backgrounds, etc. Furthermore, it has been practising variety in curriculum, activities and pedagogical strategies since its establishment. The recent celebration of 'Diversity Week/Day, 2020' as a teaching-learning activity substantiates the addition. Ullens Senior School celebrated its virtual Diversity Week/Day from November 9 to 13, 2020. The objective of acknowledging and celebrating the aforementioned diversity, grade IX and X teachers and students came up with diverse activities throughout the week. In the morning circles, students divided into different ethnicities shared as well as show-cased their identities through their ethnic languages, artefacts, food, items, songs, dance, history, costumes and so on. On November 11, marked as 'Diversity Day', the students and teachers came together in virtual Diversity Day in their colourful ethnic costumes, greeted, enjoyed and celebrated the unity in diversity. Simultaneously, small research was carried out by some teachers and students of grade X with the school's records of students and teachers as a primary source to document the existing diversity in school.



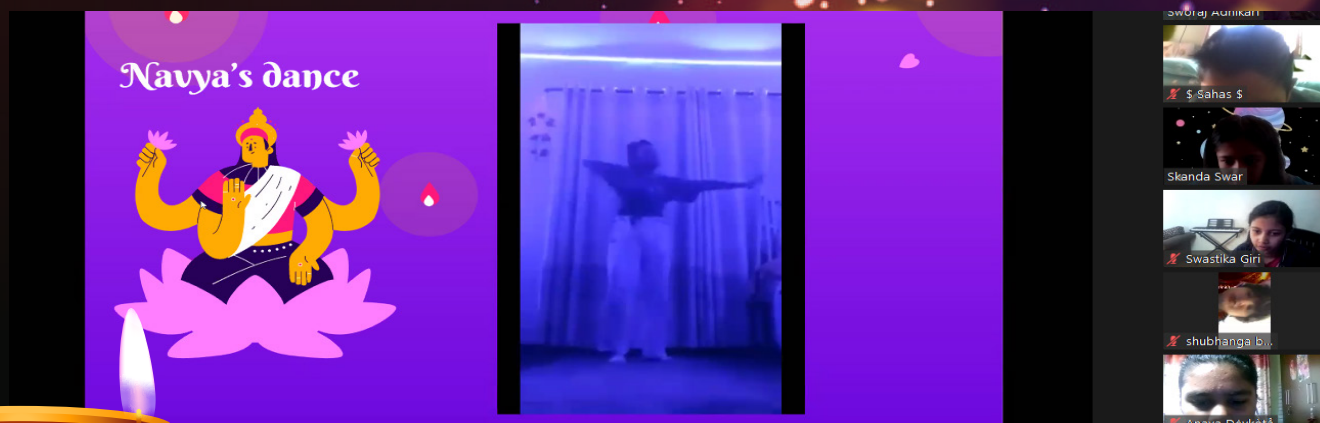
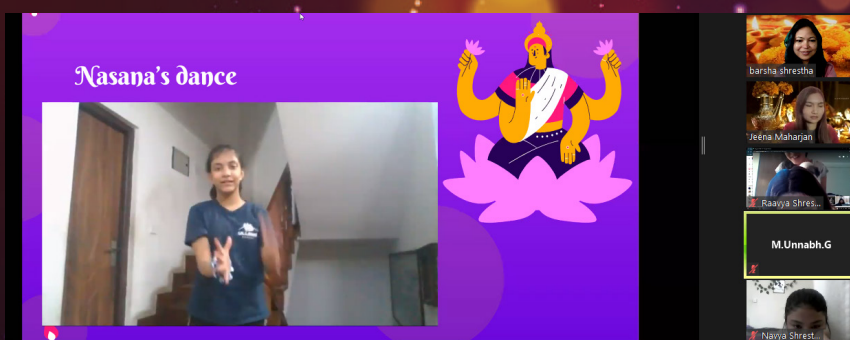
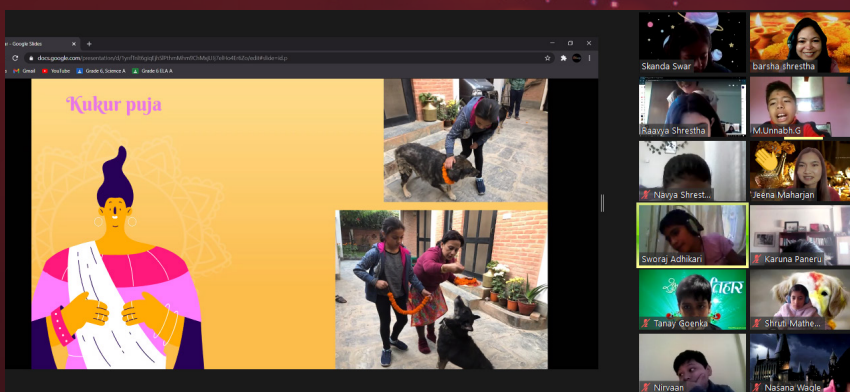


TIHAR CELEBRATION 2027

November 2020 | November 13, 2020, being the last day of school before the Tihar holidays, the students of grade VI A conducted a small "Deusi Bhailo" program. This event was conducted to celebrate Tihar virtually with the school family. Altogether there were 31 students and 2 teachers in the event.

The students were divided into two groups. The first group presented a short and sweet video of them playing the "Deusi Bhailo" song on the piano. Next, they also presented dance videos and Tihar pictures which they had prepared for the class. Similarly, the second group performed a Deusi song on the violin and guitar for the class. Then, they sang the "**Deusi Bhailo**" song for the class.

In a nutshell, the virtual Tihar celebration with the students was filled with fun and was energetic. All the students showed their interest and enthusiasm in the event which made the program even more joyous. It was very impressive to see the students prepare so well in such short notice.



Ullens School's NEB Examination 2020: Planning and preparation for health and safety during the exams.

November 2020 | Ullens School has been dedicated to preparing a safe environment, during the ongoing pandemic, for its students, after the National Examination Board (NEB) officially announced the dates for grade XII board examinations (in-person written examinations) requiring all schools to use their school premises as exam centres for their respective students. Ullens School has

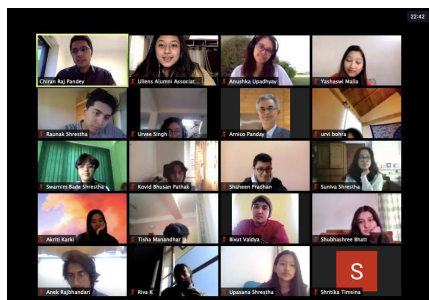
been taking all necessary measures to ensure that the preparation and examinations are carried out without risk to the health of both students and invigilators. There was a total of ninety-six candidates appearing for the examination from Ullens this year. November 24, 2020, was the first day of grade XII board examinations. The examinations continued up until December 1, 2020.





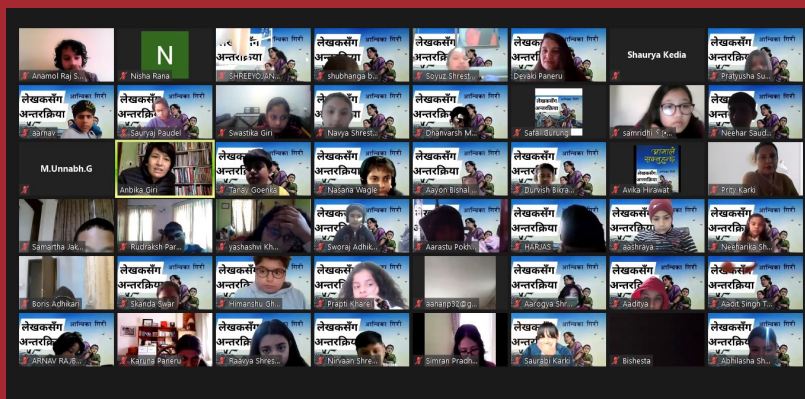
Ullens Alumni Association (UAA)

November 2020 | Ullens Alumni Association and the Ullens IBDP Student Council invited Ullens IBDP alumni, Chiran Raj Pandey (SLC 2013, IBDP 2015), Raunak Shrestha (SLC 2014, IBDP 2016), Yashahwi Malla (IBDP 2019) and Anushka Malla Upadhyay (IBDP 2017), who are studying/studied at New York University Abu Dhabi (NYUAD) for an interactive session with Ullens IBDP students. The alumni speakers answered questions based on their personal experiences from the time of applying to NYUAD and their university experience, providing the students with insights and suggestions for their university decisions and application processes.



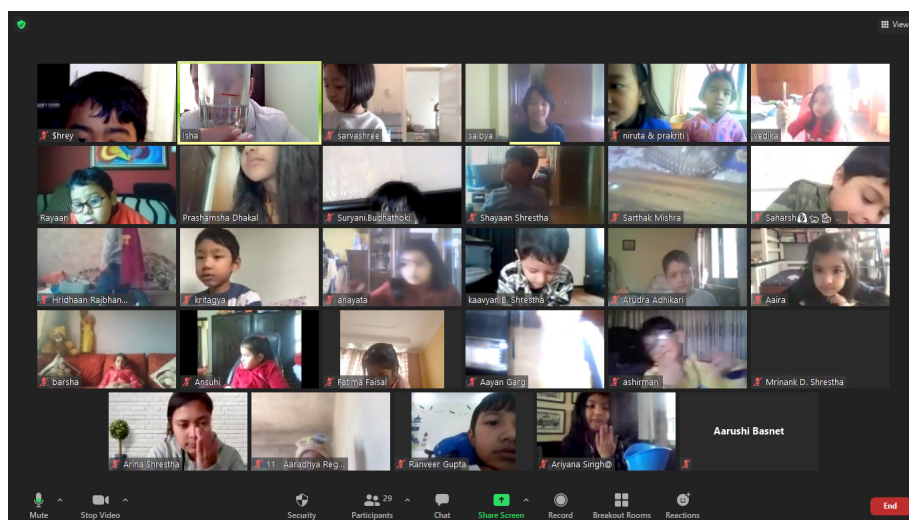
अन्तरक्रिया कार्यक्रम

मिति २०७७/०८/११ का दिन कक्षा ८ का विद्यार्थीहरूले नेपाली भाषाको कक्षामा आन्विका गिरीद्वारा लिखित "आमाले सक्नुहुन्छ" किताब पढेका थिए । उक्त किताब पढेर सकेपछि उनीहरूका जिज्ञासा मेटाउनका लागि अर्घुअल कक्षामा लेखकलाई आमन्त्रित गरिएको थियो । विद्यार्थीहरूले बढो उत्साहका साथ उँह्रासँग अन्तरक्रिया गरेका थिए ।



Grade I Science Experiment

December 2020 | The best way to learn about anything is by doing. Under the provided theme "Our interaction with the physical and biological world" students of grade one learned about how change happens all around us. To understand the concept in-depth, they learned about different states of matter and how they change with different experiments in class and at home as well.

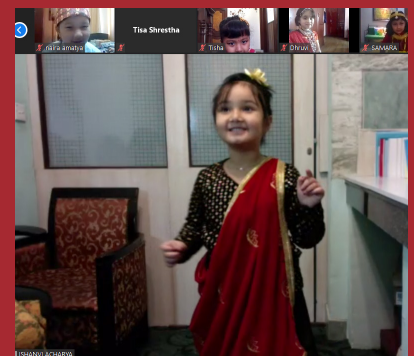


Diversity Day Celebration at Ullens Kindergarten

December 2020 | At Ullens, students welcomed and respected the diverse background of every individual, cultural and ethnic values they reflect. To promote and celebrate unique differences Ullens Kindergarten has been celebrating Diversity Day every year together with parents and the entire

Ullens family. Time and situations have changed due to Covid-19, resulting in the celebrations to become virtual, however, the event was full of energy and joy nonetheless. This year the Diversity Day was held class-wise on December 4 and 6. Children were dressed in their ethnical attire and were excit-

ed to share their values with the attendees. Diverse performances were executed through dance, song, drama, musical instrument and food recipe. Moreover, encouraging participation of parents made the virtual event a successful one.



Donation to "The Small World" by the Campus Store

December 2020 | The Campus Store is a store in Ullens IBDP that sells food items within the school to generate profit for a social cause, which is run by the IBDP students. This year the students from the batch of 2021 collected rupees 20,000 and donated 185 fabric masks, 2 gallons of hand sanitiser and 2 sprayers, worth rupees 15,000 in total, to a not-for-profit charitable organization called "The Small World", which supports locally-driven sustainable community development projects. These projects help to provide education for children, especially young girls at risk for



exploitation, and empowerment and opportunities for local communities to break the cycle of poverty. This year, the store donated these items as an emergency COVID-19 fund to the children in Solokhumbu to prevent them from COVID-19 and also provided them with recreational, life skills activities and also hosted an awareness program.



IBDP CAS Project 2020

December 2020 | A CAS project is a collaborative, well-considered series of sequential CAS experiences, engaging students in one or more of the CAS strands of creativity, activity, and, service.

Ubhisha Raut and Anushayana Pant, IBDP Year 1 students, collected some donation amount for Heartbeat organization to provide stationery to Musar children of Terai as part of their CAS activity. According to Heartbeat organization's founder, they distributed three-hundred copies to eighty students. Great job Ubhisha and Anushayana!



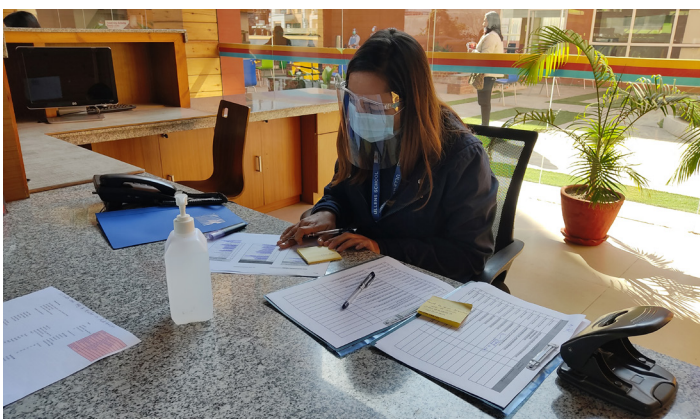
Ullens School's Grade XI Examination 2020: Planning and preparation for health and safety during the exams.

December 2020 | Ullens School has always been dedicated to preparing a safe environment, during the ongoing pandemic, for its students. December 18, 2020, was the first day of grade XI exams (in-person written examinations). The examinations have been scheduled up until December 23, 2020. Similar to grade XII exams, Ullens School has used the school premises as exam centres for the students. All necessary measures have been taken to ensure that the preparation and examinations are carried out without risk to the health of both students and invigilators.



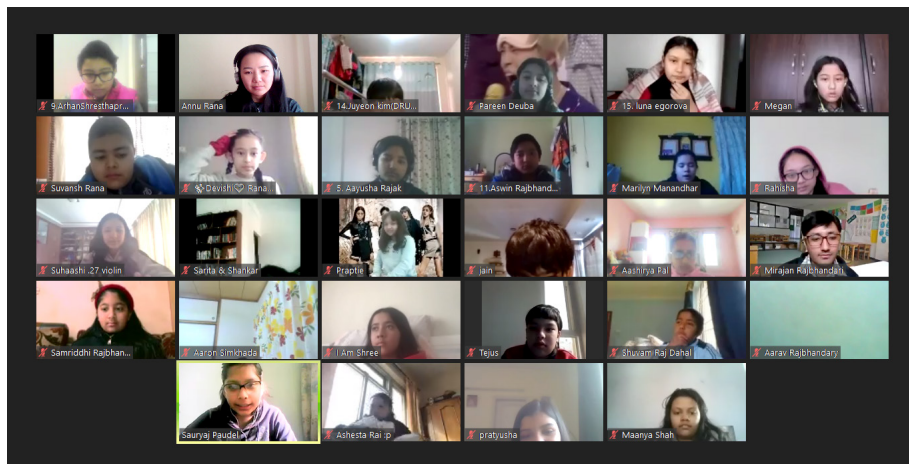
IBDP In-person Parent Teacher Conference 2020

December 2020 | Ullens School hosted its first in-person IBDP Parent-Teacher Conference (PTC) after the Lockdown at Ullens School, Khumaltar. The school took all necessary measures, ranging from cleaning each furniture to providing face shields and hand sanitisers, to ensure that the PTC was carried out without risk to the health of parents, teachers and staff. The event went on from December 22 to 23, 2020 from 10 am to 3 pm. There was a total of seventy-five parents appointed each day for the PTC; twenty-eight teachers on-site and eight teachers via Zoom for the ones who couldn't participate in the PTC due to unavoidable circumstances.



Grade V Interaction Program with their Seniors

December 2020 | Grade VI students Sauryaj and Pratyusha shared their experiences as seniors to their juniors of grade V, who will be graduating from Elementary school soon. The interaction topics included how it is important to be attentive in class, taking notes, why participation matters, what grading means, forming new friendships and more. The speakers even ended up talking about how they missed the school's cheese



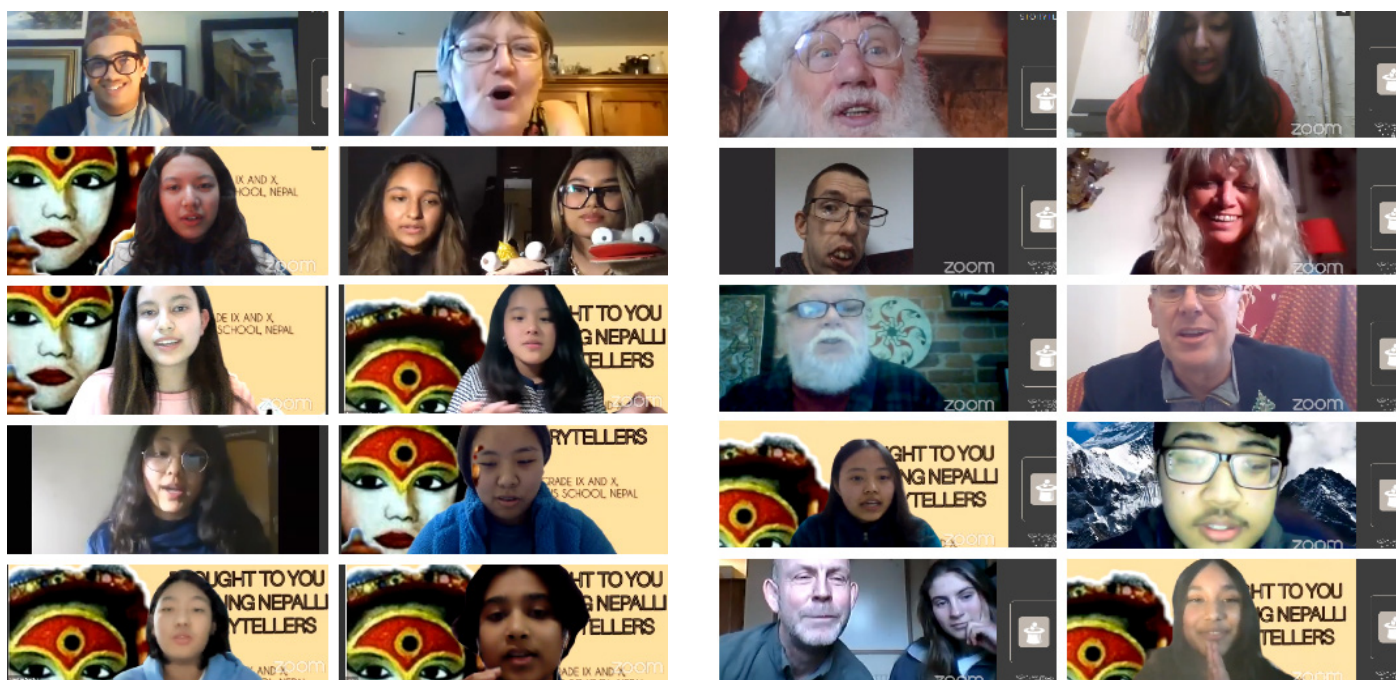
pizza and other school activities as elementary students. Now grade V students have some idea about what Middle school will be like for them since they always had so many questions

regarding the topic. Additionally, they also understood that what they have learnt so far in Elementary school will be carried forward to Middle school with increasing complexity.

Stories of Nepal, by Young Nepali Storytellers

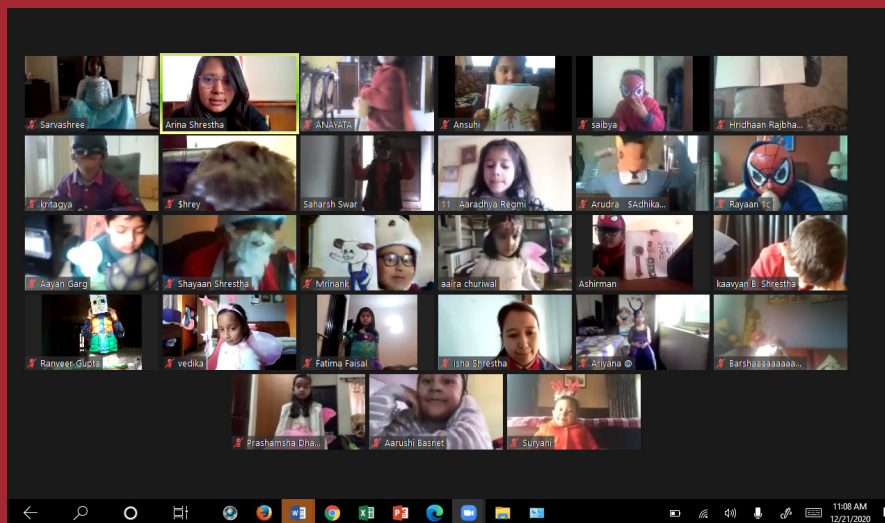
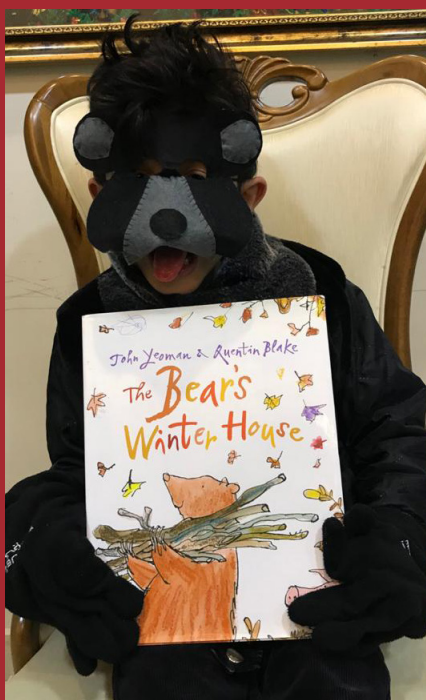
December 2020 | Ten students from grade IX and X were given an international platform to tell their stories by 'WORLD STORYTELLING CAFE' for the European audience. This event was possible because of Mr. David Heathfield, who was one of the international guests in our virtual storytelling festival 2020. He was quite impressed by the students' performances and thought they

deserved such an exposure. The title of the event was, "Stories of Nepal brought to you by Young Nepali Storytellers" which was held on 19th December 2020. The entire event was recorded on Zoom and on Facebook live to reach out to the wider European audience. There were around thirty participants for the event.



Grade I: Character Dress Up Day

December 2020 | Students of grade I had a Character Dress-up Day during one of their classes. The purpose of the event was for students to pick out their favourite character from a storybook/ fairy tale. They introduced their favourite book and selected a character from it during the activity. Students also stated the reason for their choice of dressing up as that particular character. Overall, it was a fun activity for the students where they had a chance to practice their speech.





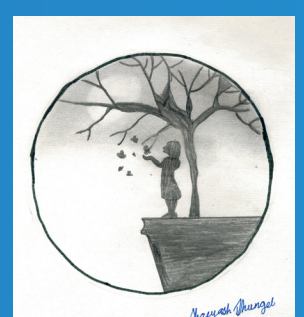
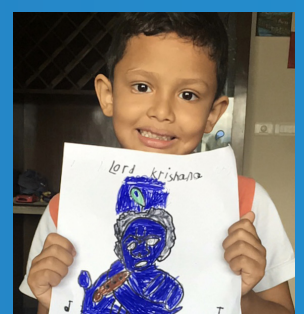
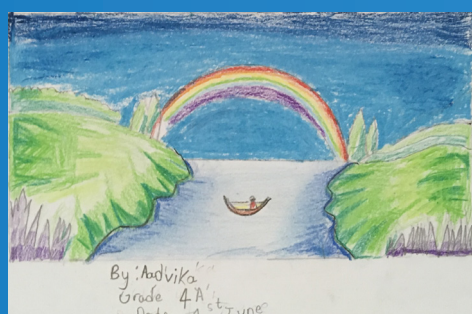
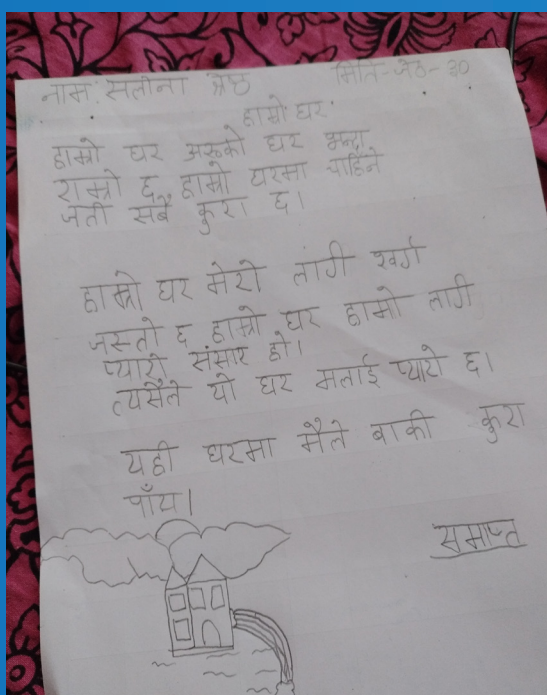
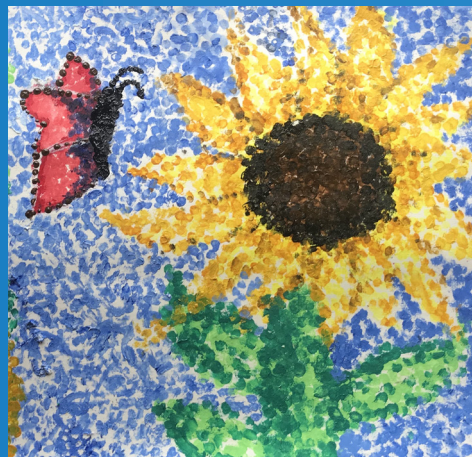
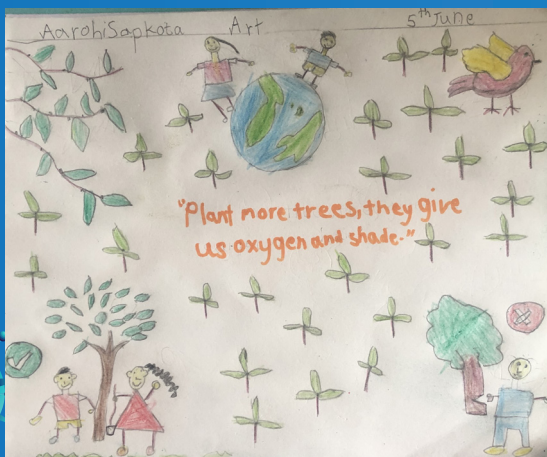
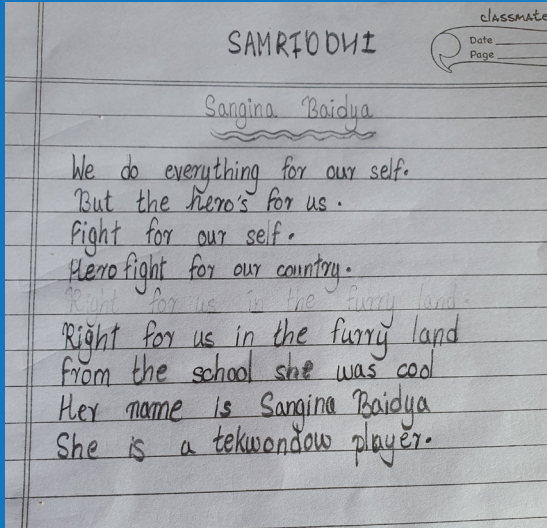
6th Nepal Junior Open 2020

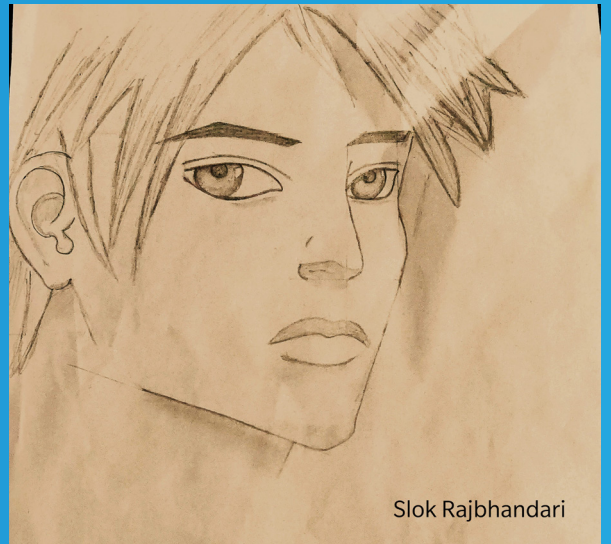
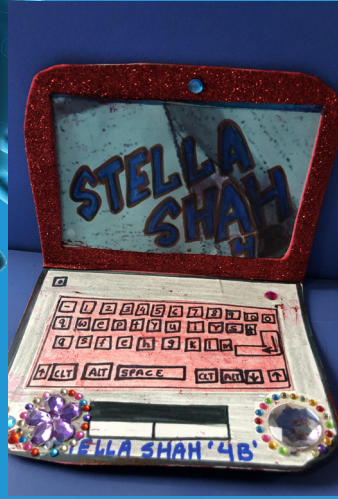
December 2020 | Asav Hada, one of our grade Four student participated in the "6th Nepal Junior Open", which was the only local tennis tournament of the year 2020, and won gold in his "Under 9 singles" title. He is now ranked #1 in Nepal under his age category. Besides Kathmandu, there were several other participants from Butwal and Pokhara as well.

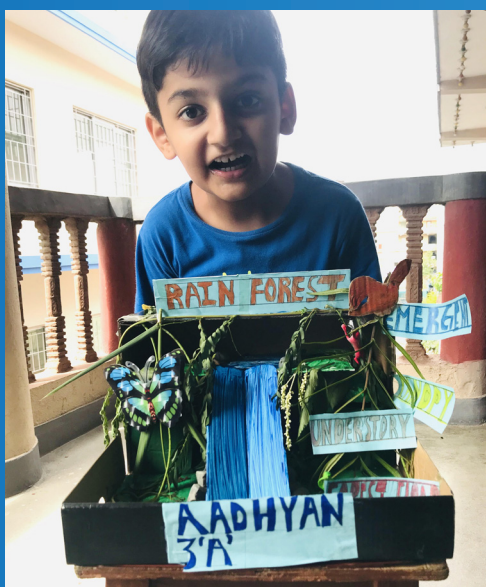


Corona does not stop creativity!

Students continue expressing themselves on social media







CORONAVIRUS

Oh no it's spreading from places to places
Now we can see so many cases
Oh, corona please go away
Let's be safer day to day
Wear mask, wash hand everyday
Let's save the earth and say hooray !!

Neeharika Shrestha, grade VI

