

ULLENS NEWS

VOLUME 6, YEAR 16, AUGUST-NOVEMBER 2021

Message from the Principal

Dear Parents and Guardians,

I hope you are doing well and that you are keeping safe. The last two years have been unexpected to say the least. However, what matters most is that we are still forging ahead, trying to find the silver lining despite the ongoing situation.

I would like to take this opportunity to inform the school community that we are open for admissions for Grade One and IBDP (Year 1) for the Academic Session 2022-2023. We would like to request you to kindly spread the word and inform us if you have any one in your family, friends' circle or wider network, who are seeking admission to these grades. Please contact Ms. Sonia Shrestha Pradhan, Parent Coordinator/Admissions Officer (9851243782, parentcoordinator@ullens.edu.np) once you complete the Waitlist Form on our school website <https://ullens.edu.np/waitlist-form>. We are happy to provide you with further details, a school tour and an interaction with the School Leadership Team.

I would also like to seize this opportunity to express my sincere appreciation and gratitude to each and every parent and guardian for your continuous cooperation and understanding throughout these months. Without your belief and support in us, we would not have been able to reach this far.

As you are aware, over the past few months, we have gradually executed our school reopening in three phases while adhering to Covid safety protocols. Throughout our reopening plan, the health and safety of our school community have been our utmost priority. From preparing our classrooms and indoor/outdoor public spaces to welcome back students, working on detailed protocols which we regularly update to include newer learning on how Covid spreads, to collecting detailed feedback from our parents in the Health Advisory Taskforce and our parent representatives in Action Team for Partnership (ATP), we have moved forward in a careful deliberate manner at each step. While Phases I and II operated in a hybrid manner with a combination of online classes and in-person classes/in-person activities, with Phase III we have launched a full-fledged reopening of the school. Consisting of a hundred percent fully vaccinated staff to take care of our students, we as a team have been trying our best to not only ensure the safety of our students, but to also find ways to maximize outdoor activities and minimize screen time during school hours. Further details of the school reopening can be found in the coming pages of the newsletter.

Likewise, as we move forward in the coming months, we will continue to monitor the Covid scenario closely,



and stay prepared to adjust our plans accordingly, if and when needed. Keeping in mind the upcoming winter holidays, I would like to request you to please stay safe and help us keep the school community safe.

This newsletter covers all the activities carried out by our school community from the months of August – November 2021. The edition attempts to exhibit the ability and dedication of our team working on providing quality education during these challenging times. I would like to extend my sincerest gratitude to the staff, teachers, parents, students and the entire team for helping Ullens maintain its position as a center of excellence throughout the years. I am certain that we will continue working together with this spirit

in providing quality education to our students in the coming days.

I would like to thank and recognize the Communications team for their hard work in bringing out the current edition of the Ullens Newsletter. I would also like to welcome all our valued readers to provide us with any input,

feedback or suggestions for improvement (if there are any) without hesitation. You can contact me at principal@ullens.edu.np.

Last but not the least, I would like to wish you all a safe, healthy and happy new year on behalf of the entire Ullens community.

As always, thank you for your cooperation, support and understanding.

Kind regards,

Medin Lamichhane
Principal

PHASE I RE-OPENING OF ULLENS SCHOOL

Strictly adhering to all Covid safety protocols, Ullens School successfully implemented Phase I of its school re-opening plan between Dashain and Tihar break, from October 19 – November 2, 2021. Phase I provided options of in-person activities that the students from Grades 1-10 could opt to participate in. Please find details of the two activities outlined below:

Outdoor Activity in Nala

Students spent a memorable day in Nala where they participated in a range of fun ice-breaker games, a grade-appropriate hike, and plenty of outdoor time.

Students were first brought to Ullens School, where they were served a light breakfast before being driven to Chandeshwori, Kavre. Accompanied by Ullens teachers and staff, they then

hiked to our Outdoor Learning Center (OLC) in Nala, where they were served a simple, healthy and nutritionally balanced lunch and snack cooked by Ullens staff. The rest of the day was spent participating in various team-building and fun activities. It was wonderful seeing the students enjoy the outdoors with their fellow peers and teachers after so long.



The OLC in Nala, Kavre is a safe, green and environment-friendly space where children and young adults can learn and play in nature. Located at Kashi Bhanjyang, 7 km from Banepa, Kavre and 35 km from Kathmandu, the site sits along the trekking trail from Dhulikhel to Nagarkot. The OLC consists of beautiful ridges, valleys, slopes, streams, wetlands, hiking trails and spots with panoramic views of the Himalayan peaks as well as of Nala, Bhaktapur and Panchkhal, where students can reconnect with nature.

Teaching and Learning Activity in the Classroom at the School

During this activity, students spent the entire day with fellow peers from their grade. They shared a sanitized and well-ventilated classroom with socially distant seating and participated in various fun activities. The focus of the in-person day in school was on project based learning activities covering different components of the curriculum. They were served a healthy and nutritionally balanced breakfast, lunch and snack in the school cafeteria with socially-distant seating.



PHASE II RE-OPENING OF ULLENS SCHOOL

After the successful completion of Phase I of our school re-opening plan, we implemented Phase II from November 15, 2021 to December 3, 2021. Phase II consisted of a combination of in-person and online classes. Here are a few pictures of our students enjoying time spent in school with their fellow peers and teachers after a long hiatus!



KINDERGARTEN STUDENTS RETURN TO SCHOOL

Ullens Kindergarten commenced in-person classes for our Kindergarten students from September 27, 2021. Both the students and teachers were excited to be back in school after a long time. The first day back was filled with various fun-filled activities such as outdoor structured games, circle time, independent play, etc. Activities like these have been specially designed to enhance students' personal, social and emotional skills along with their fine and gross motor skills.



Heartiest Congratulations

to our Principal,

Mr. Medin Lamichhane

for being conferred the **Prabal Jana Sewa Shree Award** on the occasion of Constitution Day 2078.

The Nepal government honored 903 individuals this year. Mr. Lamichhane will be presented with the award for his significant contributions to the education sector.

The Ullens family would like to congratulate Mr. Lamichhane for his well-deserved accolade and wish him continued success in the days to come.



ALUMNI PICNIC AT THE OUTDOOR LEARNING CENTER (OLC) IN NALA



On November 13, 2021, a Ullens alumni picnic was hosted by the school at the Outdoor Learning Center (OLC) in Nala.

Alumni gathered at Ullens School and departed for Nala at around 10:30 am. Once they reached the OLC and enjoyed a few snacks, they hiked across the property to Tanchowk Peak, from where they were luckily able to view the Himalayan Range perched on the hills and sitting in clear skies. After the short 1.5-hour hike, the alumni were hungry enough for the excellent barbecue lunch prepared by the Ullens' kitchen team. The day was filled with a whole lot of fun, endless conversations and a lot of laughter. Everyone departed from Nala at around 3:00 pm with tired but happy faces.

Alumni attendees included IBDP and NEB graduates, some of whom are now

undergraduate students and others professionals, graduate students, and young entrepreneurs. The conversations that were carried out were inspiring, and they showed the range of possible collaborations and ideas that could grow out of alumni fellowship events like this one. They were thankful for the education they had received from Ullens School, and eager to continue to connect with Ullens' expansive global alumni network.

A special thank you to our UEF Board President Mr. Som Paneru for organizing the alumni picnic. Thank you also to Mr. Medin Lamichhane, Principal of Ullens School; Ms. Aruna Gyawali, Chief Operating Officer, and Mr. Shankar Gautam, IBDP CAS Coordinator, for your support and presence during the event.



LAUNCH OF ULLENS CENTER FOR EDUCATOR DEVELOPMENT (UCED)

Memorandum of Understanding (MoU) signed between Ullens Education Foundation (UEF) and Kathmandu University School of Education (KUSOED)

Ullens Education Foundation (UEF) is proud to announce the launch of the Ullens Center for Educator Development (UCED) following the signing of a Memorandum of Understanding (MoU) between UEF and Kathmandu University School of Education (KUSOED) that took place on October 27, 2021.

The MoU was signed by Prof. Dr. Bal Chandra Luitel from KUSOED, and by Dr. Arnico Panday, Chief Executive Officer from UEF, at KUSOED premises in Hattiban, Lalitpur. The MoU marks the beginning of a formal partnership between the two institutions to train teachers for the 21st century classrooms and school leaders for the 21st century. It underscores the need to prepare competent progressive educators who are contextually engaged, innovative, and impact-driven in their outlook. Additionally, for purposes of executing the partnership, the MoU puts into effect a five-membered Steering Committee chaired by Prof. Dr. Bal Chandra Luitel, Dean, KUSOED, and co-chaired by Mr. Medin Bahadur Lamichhane, Principal, Ullens School and Chief Academic Officer, UEF. As the next step, the two institutions plan to launch several short-term training programs for school teachers and education leaders within the coming months.

During the event, several distinguished individuals from academia and the education sector shared their thoughts regarding the partnership. Prof. Dr. Bhola Thapa, Vice-Chancellor of Kathmandu University, highlighted the importance of the collaboration between two leading institutions in bringing about transformation in the school education system in Nepal. Prof. Dr. Bal Chandra Luitel, Dean



of Kathmandu University, School of Education, emphasized the importance of training teachers as well as highlighted the need of a teacher's role in preparing capable citizens for the 21st century. Similarly, Mr. Som Paneru, President of Ullens Education Foundation, expressed his valuable opinion on progressive education and its various elements including critical thinking, having an inquisitive mindset, learner centric teaching, and justice based education. Several other renowned individuals from the field also graced the occasion, including Prof. Laxman Gnawali, Associate Dean, KUSOED; Prof. Mahesh Nath Parajuli, Former Dean, KUSOED; Associate Prof. Ekku Maya Pun, Acting Dean, KUSOA; Dr. Binod Pant, Assistant Professor, KUSOED; Dr. Dhanapati Subedi, Assistant Professor, KUSOED; Dr. Uddhab Pyakurel, Associate Director, Global Engagement Division, Office of the Vice-Chancellor, Kathmandu University; Mr. Medin Bahadur Lamichhane, Principal, Ullens School and Chief Academic Officer, UEF; and Ms. Ekta Rana, Vice Principal, Academics, Ullens School.

Via this partnership, the two institutions primarily aim to offer high-quality pre-service and in-service teacher education and training to 21st century educators. Simultaneously, the partnership also intends to train a new generation of educators to meet the teaching and learning needs of the country and to support the national goals of education. The partnership will not only focus on research in education to explore and nurture innovations in teaching and learning practices, but will also aim to contribute to policy-level changes and evidence-based decision-making by collaborating with government and public agencies.

Both parties hope that the collaboration between a leading university dedicated to research in education and a well-known school with a reputed track record in implementing progressive education will bring forth a lot of opportunities for teachers, educators, schools, and other stakeholders. UEF looks forward to working in cohesion with KUSOED to redefine progressive education through Ullens Center for Educator Development (UCED).

GRADUATION CEREMONIES

Ullens School organized two Graduation Ceremonies in the last few months, each special in their own way. All Covid safety protocols were followed throughout the events keeping in mind the health and safety of the students, parents and guardians, and staff. We hope all the proud graduates and their families had a happy and enjoyable time. Ullens School would like to thank everyone for making the ceremonies smooth, memorable and joyous despite the ongoing pandemic.

Class of 2020 In-person Graduation Ceremony

Last year, we had hosted a Virtual Ceremony for the Grade 12 and IBDP Class of 2020 keeping in mind the alarming Covid-19 scenario back then. While the event was very memorable, it could not possibly have replaced the excitement and specialness of an in-person graduation ceremony. Thus, although it had been a year since the Class of 2020 graduated, the School decided to host a series of short and brief in-person walk-through celebrations to honor the accomplishments of the graduated students.

The Class of 2020 Graduation Ceremony was held on September 3, 2021 at the Ullens School Campus 1 Auditorium. Ten students along with their families were invited in thirty-minute time slots. Dressed in their graduation gowns, students collected their graduation letters, took innumerable photos in the different photo booths, and exited with smiling faces carrying their gift bag and cake.



Grade 12 Class of 2021 In-person Graduation Ceremony

Ullens School organized an In-person Graduation Ceremony for the Grade 12 Class of 2021 on September 27, 2021.

Ideally, we had plans of celebrating the graduating class in a grand way. However, considering the ongoing pandemic, we decided to keep the in-person celebration short and brief. Consisting of small groups of around ten students each along with their two family members, the proud graduates walked across the stage in their graduation gowns and caps and received their graduation letter from the Principal, Mr. Medin Lamichhane. They then collected their gift bag and graduation cake, and took a myriad of photos in the different photo booths with their family and friends. Once again, congratulations Class of 2021!



CONGRATULATIONS!

2nd Team Tennis Nepal JTI Junior Open Tennis Tournament 2021



Boris Adhikari
Winner,
Under-12 category



Malashree Singh
Second Runner-up,
Under-10 Girls' Singles category

Bir Ganesh Man Singh National Tennis Tournament



Asav Samrat Hada
Winner,
Under-10 Boys Singles category



Boris Adhikari
Second Runner-up, Under-12 category
Third Runner-up, Under-12 category



SCHOOL ACTIVITIES

Middle School Cyber Safety Workshop

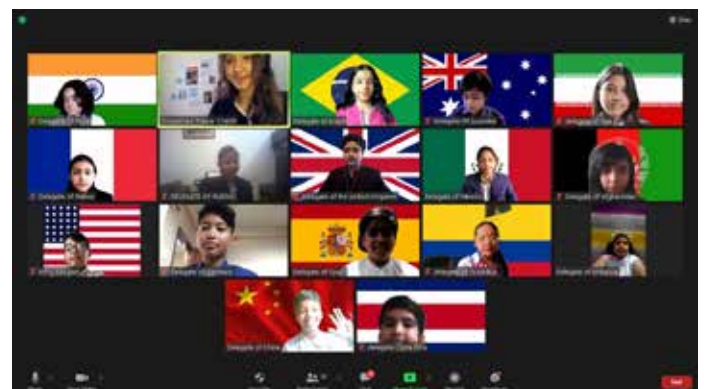
Ullens School in collaboration with ChildSafeNet, organized a Cyber Safety Workshop for Middle School students (Grades VI - VIII) from August 15 - August 27, 2021. Especially considering the growing use of the Internet amidst the pandemic, the workshop aimed to educate the younger generation on Internet safety and digital technology.

The first day of the workshop was on 'Cyberbullying'. This session was attended by Grade VI students where they learned about what cyberbullying is; its various forms; its potential consequences; as well as effective ways to protect one's self from different forms of cyberbullying including hate speech, flaming, harassment, phishing, impersonation, cyberstalking, etc. Similarly, the second day of the workshop, targeted at Grade VII students, was based on 'Screen and Gaming Addiction'. Via the session, students learned how to identify the various symptoms that indicated addiction as well as ways in which to avoid such addictions and use the Internet in a positive manner. Likewise, the last day of the workshop focused on 'Cyber Grooming', where Grade VIII students discussed the various cyber traps; ways in which to identify them; as well as ways to avoid such problems. In addition, they also learned about the importance of responsible behavior while using the Internet.

All in all, the three-day workshop was very enriching and informative for our students, teaching them important lessons and tips about cyber safety and digital technology, applicable in their daily lives. We would like to extend our sincere thanks and gratitude to ChildSafeNet for their time and contribution in helping us organize such an important workshop.

Ullens Middle School MUN 2021

Ullens School organized a two-day Model United Nations Conference for Grade VII students on August 19 - 20, 2021. The students were mentored by the Class of 2021 SEE graduates who facilitated the event as dais members. Students successfully represented countries other than their own, debated on the agenda, and drafted and presented possible solutions to global problems in their respective committees - UNODC, UNEP, UNHRC and UNICEF. The conference was an enriching learning experience for our students that enabled them to gain knowledge on international relations and the United Nations as well as hone their teamwork and leadership skills.

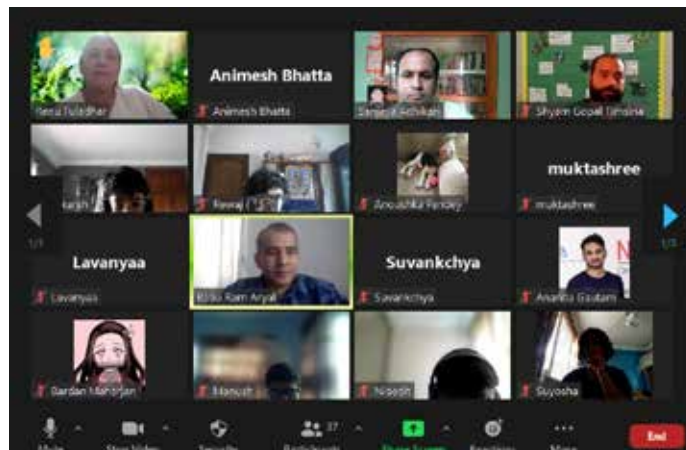


Grade IX & X Internet Safety for Kids

On August 21, 2021, Ullens School and Forum for Digital Equality (FDE) jointly organized a Workshop on 'Internet Safety for Kids: Practical Approach' for the students of Grade IX and Grade X. Initiated by Advocate Mr. Babu Ram Aryal, Founder/Executive Director of FDE, and Grade II ATP Representative, the main objective of the workshop was to have a deliberate discussion with students on using the Internet safely and generating effective solutions to ensure the safety of children on online platforms.

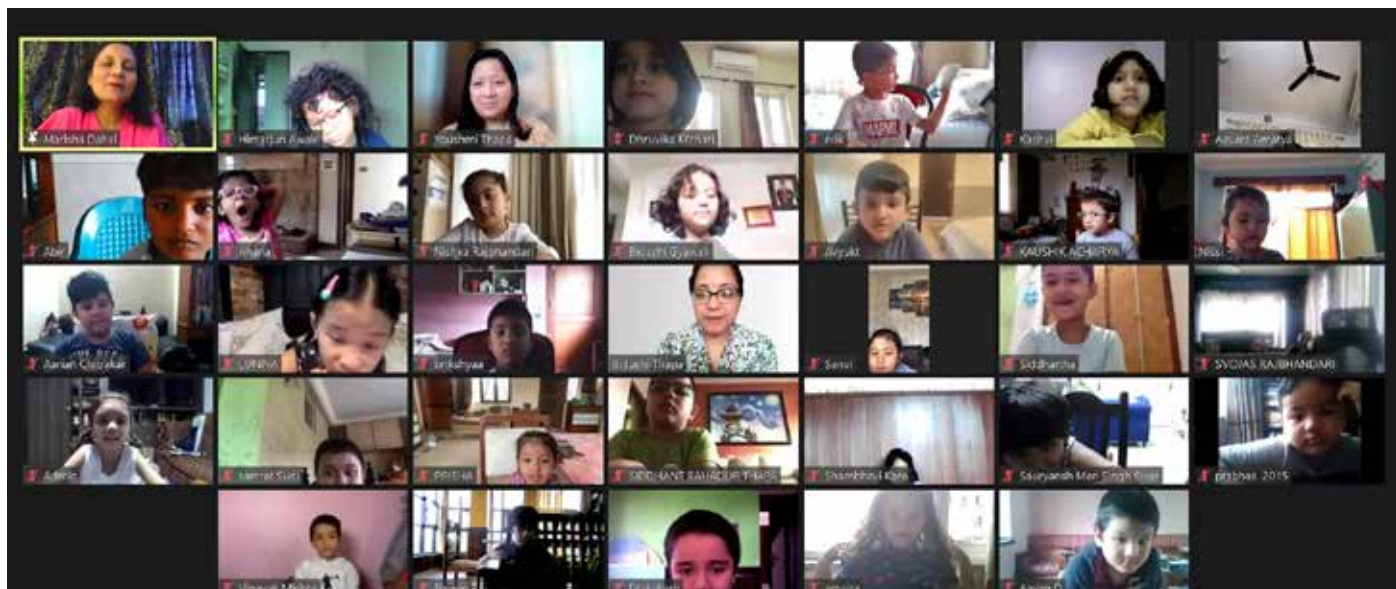
Mr. Aryal together with Mr. Ananda Gautam from FDE facilitated the interactive sessions and addressed the queries of students. Similarly, Mr. Dipesh Joshi, DSP of Nepal Police, highlighted the present scenario of cybercrime and cyber abuse in Nepal. The workshop was an eye-opening learning experience for the students that made them aware of various cyber issues as well as misuse of the Internet and social media.

We would like to thank FDE and all the presenters for their time and effort. We would especially like to thank Mr. Aryal for initiating such a valuable session.



Grade I Interaction with Dr. Marisha Dahal

On August 26, 2021, Grade I students had an interactive session with Dr. Marisha Dahal, a dentist by profession and a parent of our Grade I student. The main objective of the session was to learn how to take care of one's teeth from an early age. Students enjoyed their time with Dr. Dahal thoroughly: they learned the proper way of brushing and gained a better understanding of overall oral health and hygiene. We would like to thank Dr. Dahal for her input and time.



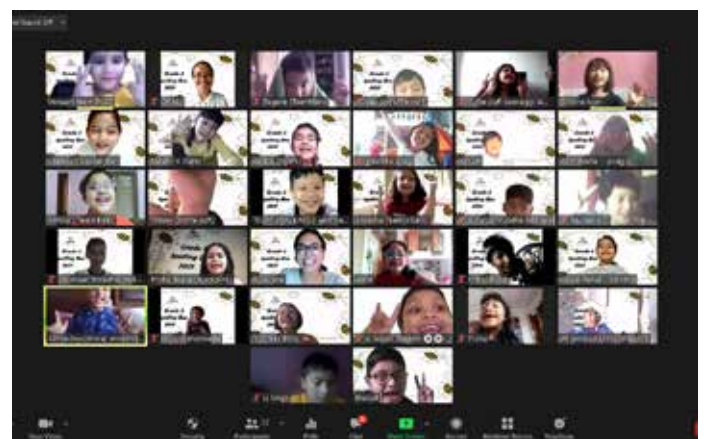
दुलारी पुस्तक वार्तालाप कार्यक्रम

कक्षा नौ का विद्यार्थीहरूले दुलारी नामक उपन्यास अध्ययन गरे पश्चात २०७८ भाद्र ११ गते उपन्यासकार मुना चौधरीको उपस्थितिमा एउटा पुस्तक वार्तालाप कार्यक्रम राखिएको थियो । कार्यक्रममा विद्यार्थीहरूले अध्ययनका क्रममा आफूमा उठेका प्रश्न, जिज्ञासा र उपन्यास पढ्दाका अनुभव लाई उपन्यासकारसमक्ष राखे । विद्यार्थीहरूले उपन्यासकारसँग मुसहर टोलको सामाजिक, आर्थिक र शैक्षिक अवस्थाका साथै त्यहाका मनिसहरूले गाँस, बास र कपासका लागि गर्नुपरेको सङ्घर्षहरूलाई मार्मिक रुपमा छलफल गरेका थिए । विद्यालयका प्रधानाध्यापक लामिछाने ज्यूले विद्यार्थीहरूले सामूहिक रुपमा गरेका कामको समीक्षा गर्नुभएको थियो ।



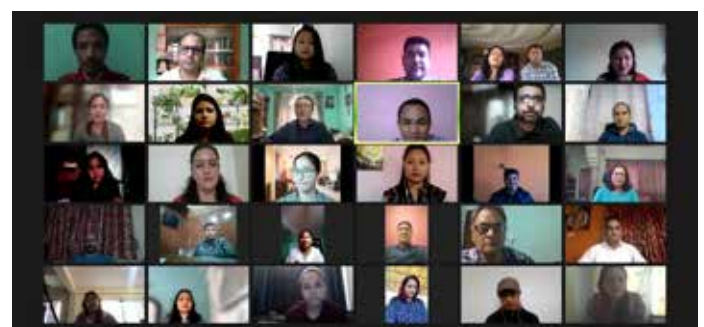
Early Elementary School Spelling Bee 2021

Early Elementary School students participated in the Annual Spelling Bee on August 26 and August 27, 2021. The virtual event focused on developing their confidence and improving their spelling. Students demonstrated immense interest and each student participated with equal enthusiasm. They also learned the importance of teamwork during the event.



Grade XI Curriculum Evening 2021

The Curriculum Evening for Grade XI parents was successfully conducted on August 27, 2021. During the event, the parents of newly admitted students were introduced to the year's curriculum, subject teachers and school policies. Overall, an interactive session was held between the parents, teachers, Vice-Principal and Principal of the school.



Kindergarten Students Celebrate Children's Day 2021

Kindergarten students had a virtual Children's Day celebration on September 14, 2021, during class hours. It was a fun-filled and eventful day where students participated in various activities including songs, dance performances and classroom games, and shared their drawings depicting their special day. The highlight of the day was the class costume party where students either dressed up as their favorite character or brought books and toys related to their favorite character to show to their friends. The celebration ended with a virtual potluck picnic where both students and teachers enjoyed eating their choice of food in each other's company.



Early Elementary School Children's Day Celebration 2021

The Early Elementary School spent a virtual yet very memorable Children's Day celebration on September 14, 2021. Students dressed up, sang and danced to their favorite songs, and demonstrated their amazing acting skills. Both students and teachers immensely enjoyed the day's activities and created many special memories together.



कक्षा ७ लेखकसंगको अन्तरक्रिया कार्यक्रम

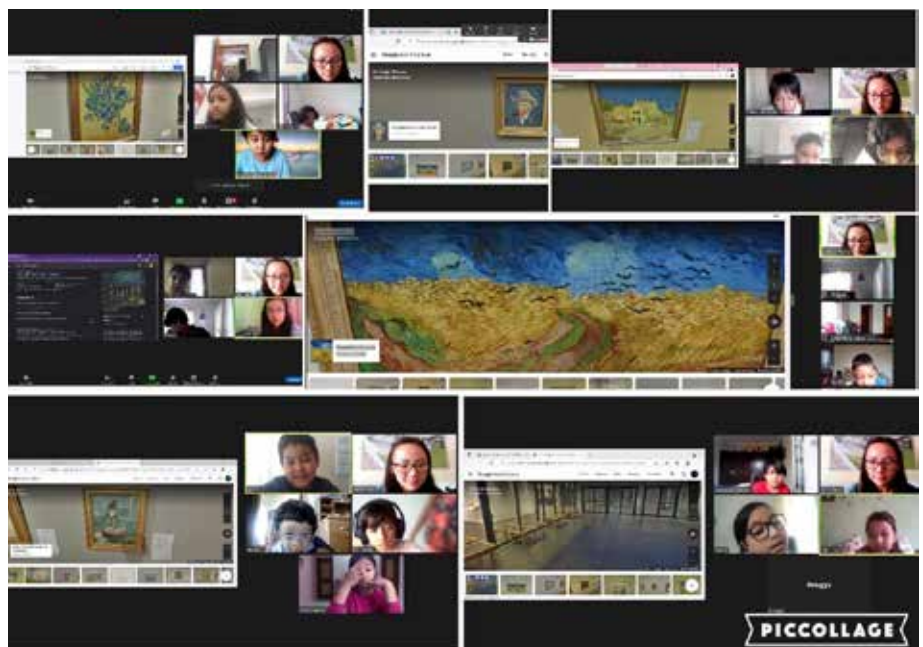
कक्षा सातका विद्यार्थीहरुले दोश्रो त्रैमासिक अवधिमा नीलकमल बाल उपन्यासको अध्ययन पश्चात उनीहरुको जिज्ञाशा समाधानका लागि त्यस उपन्यासका उपन्यासकार ललिता दोषीलाई भर्चुअल कक्षामा मिति २०७८/०६/१९ का दिन आमन्त्रण गरी अन्तरक्रिया गरियो। कार्यक्रममा विद्यार्थीहरुले अध्ययनका क्रममा आफ्नो मनमा लागेका जिज्ञाशाहरु राखेका थिए। अन्तरक्रिया कार्यक्रम समग्रमा शिक्षामूलक, ज्ञानबर्द्धक तथा व्यवहारपयोगी हुनुका साथै प्रेरणादायी रह्यो।



Grade III Exploring Vincent Van Gogh's Art

Grade III students virtually travelled to Amsterdam, Netherlands to view Vincent Van Gogh's artwork. Each group was assigned a task that they were required to complete with the assistance of the Google Street View application.

Following the virtual trip, students spent further time exploring the artist's work. In order to gain greater insight into his work, Grade VIII student, Shubhanga Bhattarai, came and shared his surreal and captivating experience visiting the Van Gogh Museum as a child with the third graders. Students then presented their learnings on the subject in their different project groups. The project not only enabled students



to gain greater depth on Van Gogh's work and art in general, but in addition, it also helped develop their organization, collaboration and teamwork skills. Such projects are always beneficial as they help students explore their creative side and communicate ideas using art as a medium.

Ullens IBDP Students win Quiz Competition organized by Leo Club of Kathmandu Samarpan

We are proud to announce that four IBDP students representing Ullens won the Quiz Competition that was organized by the Leo Club of Kathmandu Samarpan on September 25, 2021. Students Trisha Dhakal (IBDP, Year 2), Mahatia Syam Andriamaro Rajaodetra (Year 2), Sashwat Sharma (Year 2), and Briskhya Gautam (Year 1) won the competition earning a prize of Rs. 28,000. A total of eleven schools participated in the competition that included students from Grades 1-12. We would like to extend our heartiest congratulations to the winning team! Great work students, keep shining!



Senior school students enjoy rock climbing at Astrek Climbing Wall

On September 26, 2021, senior students spent the day rock climbing at Astrek Climbing Wall. It was refreshing to see students enjoy some outdoor time with their peers after a very long time.



पुस्तक वार्तालाप कार्यक्रम

कक्षा सातका विद्यार्थीहरुले दोश्रो त्रैमासिक अवधिमा नीलकमल बाल उपन्यासको अध्ययन पश्चात उनीहरुको जिज्ञासा समाधानका लागि त्यस उपन्यासका उपन्यासकार ललिता दोषीलाई भर्चुअल कक्षामा मिति २०७८/०६/१९ का दिन आमन्त्रण गरी अन्तरक्रिया गरियो। कार्यक्रममा विद्यार्थीहरुले अध्ययनका क्रममा आफ्नो मनमा लागेका जिज्ञासाहरु राखेका थिए। अन्तरक्रिया कार्यक्रम समग्रमा शिक्षामूलक, ज्ञानबद्धक तथा व्यवहारपयोगी हुनुका साथै प्रेरणादायी रह्यो।



Grade II Sink and Float Activity

On September 30, 2021, students of Grade II conducted an experiment to understand the sinking and floating properties of different objects. First, students made predictions of what may happen; then, they conducted experiments with several items like fruits, vegetables, pencils, erasers, crayons, magnets, a piece of wood, etc. It was a fun learning experiment for the students with a lot of active participation.



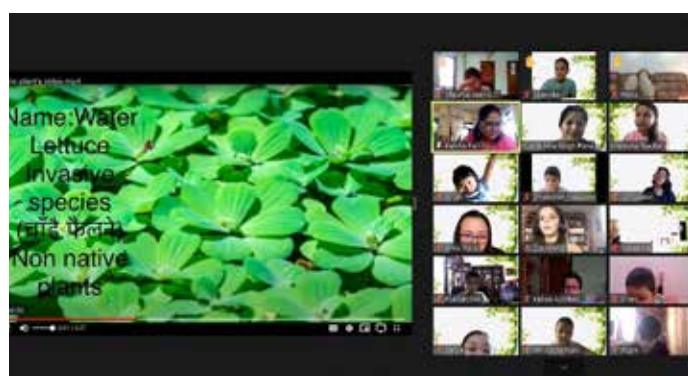
Grade IX Webinar Against Discrimination

On September 30 and October 1, 2021, Grade IX students organized 'A Webinar Against Discrimination', which was based on their first term project's reading, 'The Kite Runner' by Khaled Hosseini. Centered around the topic of discrimination, one of the major themes of the book, the webinar aimed to enhance students' public speaking, critical thinking and creative thinking skills. It was a rewarding two-day event that encouraged students to become involved in community service and spread awareness on various cross-cutting social issues.



Grade III Session with Mrs. Barsha Puri

On October 4, 2021, Grade III students had an interactive session with Mrs. Barsha Puri, parent of third-grader Danica Giri, where they explored the different types of plants found in Chitwan. Coming from Chitwan herself, Mrs. Puri conducted a fun session for the class where students got the opportunity to enrich their knowledge on plants. Here are a few photographs from the session!



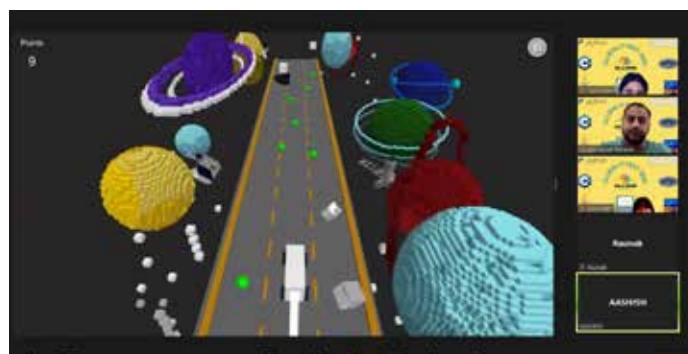
Grade XI DOE Hiking Trip (Godamchaur – Lamatar)

On October 3, 2021, Grade XI participated in a hike organized as part of the Duke of Edinburgh Award program in the Godamchaur – Lamatar area. After a long hiatus, this was the first in-person activity for our students. They, as well as the accompanying teachers, thoroughly enjoyed the refreshing hike amidst nature and greenery in the outskirts of Lalitpur.



Grade IX & X IT Fest 2021

On October 4, 2021, students of Grade IX and X celebrated IT Fest 2021 virtually. The Fest entailed demonstrations of various applications like AI, DBMS and games, that were carried out in separate breakout rooms. Similarly, programming languages such as QBasic, Python, Scratch, Html, C and C++ were used to code software. Events such as these are beneficial as they help to escalate students' programming skills as well as motivate them to improve their work.



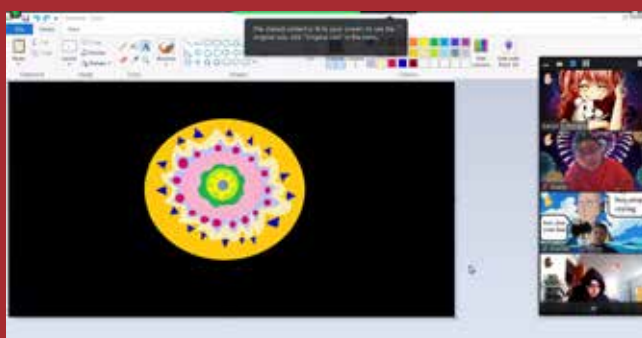
Grade XII Students go for Adventure Practice Journey

Here are some of the pictures of Grade 12 students' Adventure Practice Journey, which took place on October 31, 2021, at Hattiban, Chobar, Kathmandu. The main motive of this activity was not just to provide participants with the opportunity to learn more about the wider environment but also to help develop their self-confidence, teamwork skills and health.



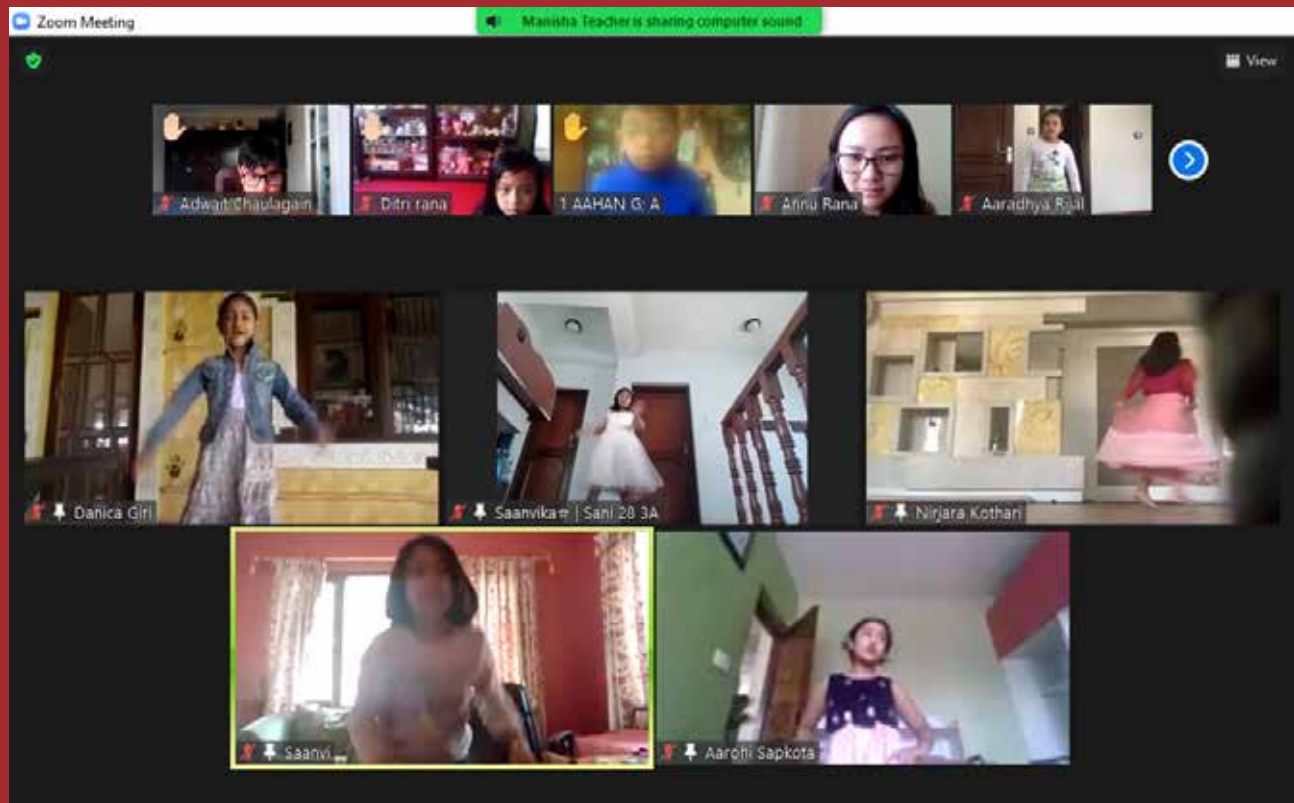
Grade V Celebrates Tihar 2021

On November 3, 2021, students of Grade V celebrated a creative Tihar where they presented their artwork to their friends and teachers. It was a fun and inspiring event that was enjoyed by everyone.



Grade III Tihar Celebration 2021

Here are a few glimpses from the Grade III Tihar celebrations this year, which took place on November 3, 2021. Both students and teachers enjoyed a fun-filled event with lots of music, dance, and engaging activities.



IBDP Year 2 Overnight Trek (Dhulikhel – Nagarkot)

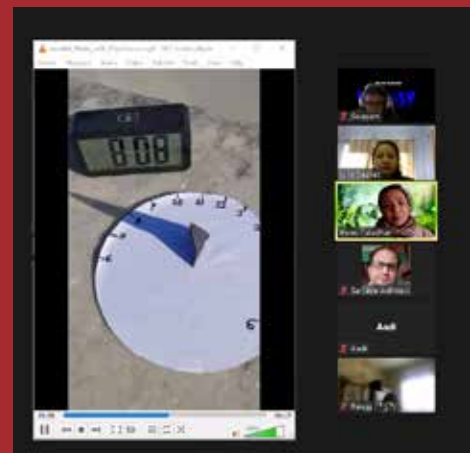
On November 1-2, 2021, IBDP Year 2 students went for a two-day trek from Dhulikhel to Nagarkot. They stopped over at our Outdoor Learning Center (OLC) in Nala for the night.

After months of online classes, the main objective of the trek was to reunite students with their friends. Be it by pitching a tent or cooking on a stove, it was wonderful to see students leave their comfort zones and discover their hidden talents by participating in various activities. They ended their trek with a delicious buffet at the Country Villa Resort, a reward for their hard work throughout their journey.



Grade IX Virtual Science Fair 2021

Grade IX students organized a Virtual Science Fair on November 2, 2021. With the help of the Senior School Science Department, the students conducted various scientific experiments and presented a variety of crafts related to science and technology. The fair was observed by our elementary school students, high school students and teachers. We would like to thank the entire Senior School Science Department and all our students for making this event a great learning opportunity for everyone.



Ullens School remained operational despite the general strike

We, at Ullens, believe in courage and conviction. Probably being one of the few schools in Kathmandu valley that remained operational despite the general strike on November 16, 2021, our strategy to win this battle was simple: "School is a zone of peace. No obstruction of students' learning is tolerated". To make our students come to school safely, we deployed all 40 of our school vehicles. All of the students attended school with cheerful faces. We would especially like to extend our gratitude to the Ullens School Leadership Team, the van drivers, and assistants for their courage and bravery during such times.

Our effort that day was very modest; however, we hope it serves as an inspiration for other institutions in the future.



Mahakali Flood Relief: A Yuva Club Initiative

The Mahakali floods have hugely affected the people of Western Nepal, causing an economic loss of over 6,00,00,00,000 (6 Arba). While over 200 houses around the region have flooded, the loss of lives is still unaccounted for.

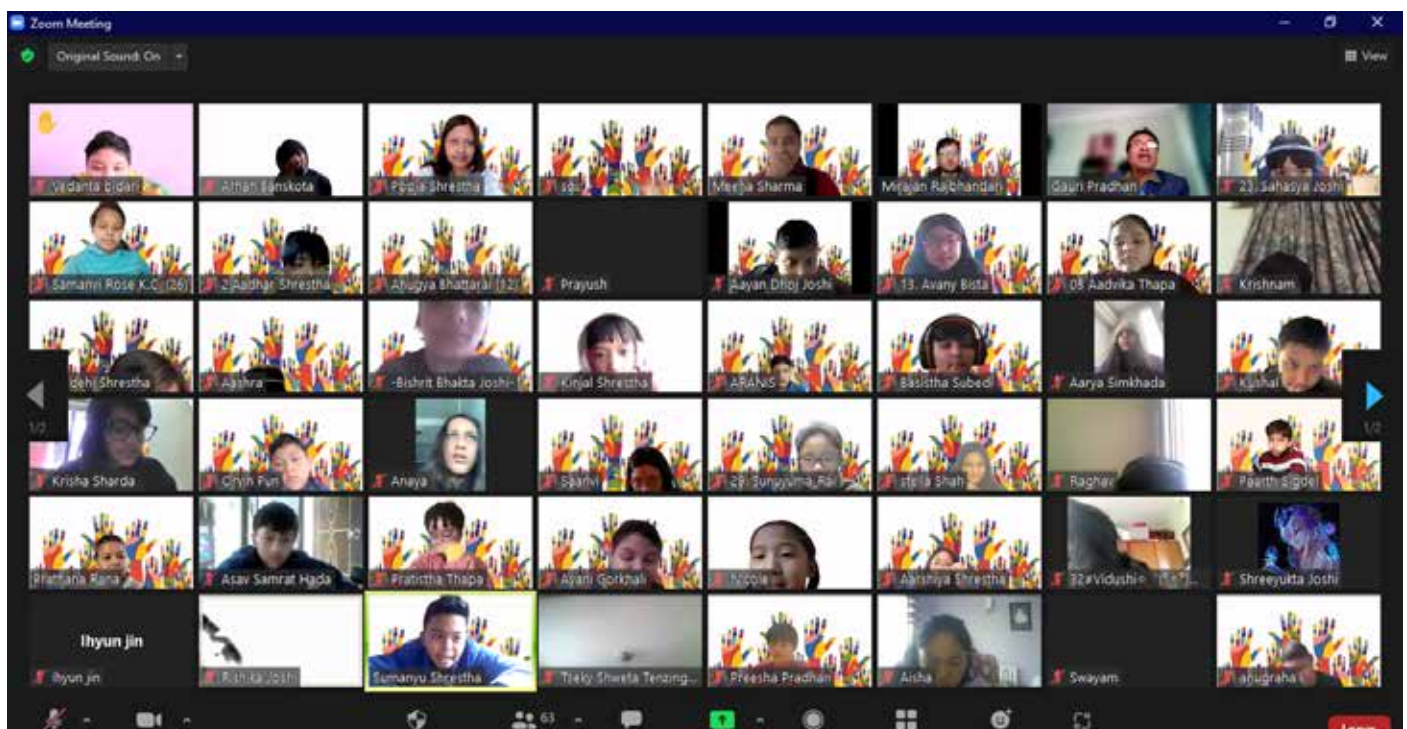
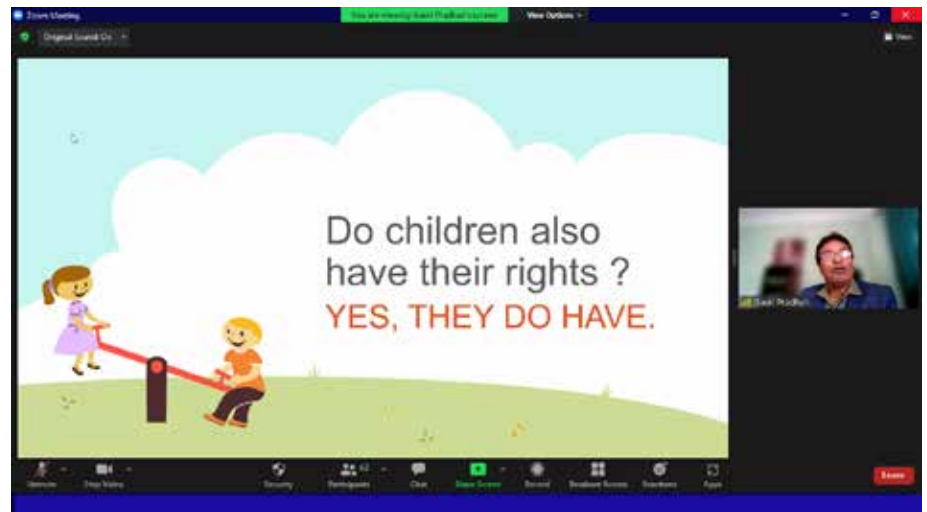
The Yuva Club (IBDP, Year 1), in partnership with the Rural Women's Development and Unity Center (RUWDUC), took the initiative to help raise funds to help the flood victims from the region. The club members believe that as members of society, it is everyone's shared responsibility to show solidarity with the victims; and, that each one of us is morally liable to contribute towards providing relief according to our potential.

The Yuva Club is an active social service-based club of Ullens that has recently been initiated by a group of like-minded students in the IBDP. Its motto, "परिवर्तन का लागि युवा", focuses on mobilizing today's youth to make a meaningful impact in society.



Grade V: Online Interaction with Mr. Gauri Pradhan

On November 23, 2021, students of Grade V Exploration and Experience attended a lively and interactive online session with Mr. Gauri Pradhan, well-known social activist and human rights defender. The session was a wonderful learning opportunity for students where they gained knowledge on human rights, specifically child rights, and its various facets.



Grade III students create poems with the help of illustrations

