

ULLENS SCHOOL

A CENTER OF EXCELLENCE IN EDUCATION



International
Baccalaureate
Diploma
Programme



OUR MISSION STATEMENT

Ullens School empowers students to pursue their curiosity and creativity through a path of self-discovery. The school creates a safe, equitable, and inclusive learning environment where every child's uniqueness is celebrated. Keeping students' well-being at the center, the school prepares them to become future-ready global citizens.

“*Nepal can be the
Land of
Education in
South Asia.*”

- Late Baron Guy Ullens,
Patron of Ullens School





“Life in the 21st century, in an interconnected, globalized world, requires critical thinking skills and a sense of international mindedness, both of which International Baccalaureate Diploma Programme (IBDP) students learn and understand.”

- IBO

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MESSAGE FROM THE HEAD OF SCHOOL

Dear prospective students and parents,

Ullens School is the first IB World School in Nepal offering the globally renowned International Baccalaureate Diploma Programme (IBDP) since 2009. Over 1200 students have already graduated from the program and are studying in top universities and colleges worldwide. The IB Diploma Programme's relevance has been significantly increasing since it was founded back in 1968.

Ullens IB Diploma Programme is a two-year pre-university international education program for 16-19-year-old students. It prepares students to become critical and independent thinkers, problem solvers, and lifelong learners. It equips students with the required skills and knowledge for university and higher education.

Choosing the IB Diploma Programme at Ullens School has many benefits. It aims to develop students' breadth and depth of knowledge and help them flourish physically, intellectually, emotionally, socially, and ethically. Students are encouraged to think independently and take ownership of their own learning. Students also engage in varieties of activities which make them culturally aware and able to engage and interact with people in an increasingly globalized, rapidly changing world. The highest-ranking universities around the world give high priority to the graduates of the IB Diploma Programme in admissions.

Ullens School is highly regarded for its IB Diploma Programme. We provide a wonderful learning environment and are equipped with a pool of experienced faculty members, many of whom are IB examiners. The school environment is purposefully designed to enhance learning and interaction. If you have a child who has appeared in this year's SEE (Secondary Education Examination) or equivalent examinations and is seeking a highly rigorous international education programme in grades eleven and twelve, I encourage you to come and visit Ullens School personally. Please email me at ekta@ullens.edu.np or visit the school for more information.

Sincerely,
Ekta Rana





ULLENS SCHOOL

Ullens School is a non-residential, co-educational institution governed by the Ullens Education Foundation, a profit-not-distributing company. At Ullens School, we respect individual differences and interests. We offer a safe and happy learning environment. Our teachers combine gentleness with justice and maintain high standards of ethical behavior as well as intellectual achievement.

At Ullens School, students are encouraged to think for themselves by pursuing their intellectual curiosity and creativity. We guide students as they develop their own ideas and seek creative solutions to problems. Our

teachers nurture critical thinking by encouraging students to work without fear, ask questions, analyze, and draw logical conclusions.

Ullens School treats students from all cultures, races, and ethnic backgrounds with respect and dignity. Students learn to value diversity and recognize the importance of social justice. The atmosphere at Ullens School helps students learn self-respect and respect for others. Student autonomy grows as students come to believe 'I am capable', 'I am needed', and 'I can influence what happens to me'. In fostering self-discovery, we seek to develop students' cognitive, emotional, and social skills equally. We aim to empower students to become responsible, conscientious, and balanced individuals.

Ullens School offers a multifaceted and balanced curriculum for Grades One to Twelve, aligning with the framework of the Government of Nepal's National Curriculum. The school delivers this curriculum through the Ullens Approach to Education. We maintain a partnership with the Bank Street College of Education, New York, a pioneer in innovative and progressive education. Ullens School is the first IB World School in Nepal, offering the IB Diploma Programme since 2009.



ULLENS IB DIPLOMA PROGRAMME

Ullens School is the first IB World School in Nepal, authorized by the Government of Nepal to offer the IB Diploma Programme. The school received authorization in 2009 and has been running the IB Diploma Programme ever since.

Life in the 21st century, in an interconnected, globalized world, requires critical thinking skills and a sense of international mindedness, both of which International Baccalaureate Diploma Programme (IBDP) students learn and understand.

The IBDP is a rigorous two-year pre-university international education program that meets the needs of highly motivated secondary school students between the ages of 16 and 19 years. The IB Diploma Programme not only provides intellectual challenges but also encourages creativity, independent critical thinking and international-mindedness with tolerance to different perspectives and cultures through various co-curricular activities.

The IB Diploma Programme at Ullens School has grown remarkably over the years. From its first cohort of 26 students in the Class of 2011, it has expanded to 138 students graduating as the Class of 2025. We are proud to maintain a 100% graduation rate, with our students' average results consistently aligned with global IB standards.





Our DP community is enriched by students from diverse cultures, backgrounds, and experiences, contributing to the vibrant and inclusive environment we value at Ullens School. At present, Ullens School represents over 22 nationalities reflecting the intrinsic diversity we foster.

Ullens School shares the IB philosophy: a commitment to high-quality, challenging, and international education for all students. We believe academic excellence is cultivated through both formal and informal learning, across all our programs. Our aim is for students to view education in its broader context as a lifelong, limitless journey to be embraced and enjoyed.

THE IBDP CURRICULUM

The IBDP curriculum contains six subject groups with a core made up of three separate parts. Students study six subjects selected from the six subject groups. Normally, three subjects are studied at a higher level, and the remaining three subjects are studied at a standard level.

The IBDP curriculum contains six subject groups with a core made up of three separate parts. Students study six subjects selected from the six subject groups. Normally, three subjects are studied at a higher level (240 teaching hours per subject), and the remaining three subjects are studied at a standard level (150 teaching hours per subject).

Students will have to select at least 5 subjects from Groups 1-5, and their 6th choice could be from Groups 3, 4, and 6.

They will have to select 6 subjects (3 at a Higher Level and 3 at a Standard Level) from the ones listed in the figure.

In addition to these, they will also need to complete the IB Diploma Programme core requirements, which include:

- Theory of Knowledge (TOK)
- Extended Essay (EE)
- Creativity, Activity, Service (CAS)





*HL - Higher Level
*SL - Standard Level

THE CORE



At the heart of the International Baccalaureate Diploma Programme are three integral components: Theory of Knowledge (TOK), the Extended Essay (EE), and Creativity, Activity, Service (CAS). Together, they foster critical thinking, independent research, and holistic development, shaping students into reflective, well-rounded, and globally minded learners.

Theory of Knowledge

Theory of Knowledge (TOK) is a central component of the IBDP that challenges students to reflect on the nature of knowledge and how we claim to know what we know. It is both internally and externally assessed and takes an interdisciplinary approach, drawing connections across all subject areas and cultural perspectives. TOK encourages students to question assumptions, analyze different ways of knowing, and develop strong critical thinking skills. By engaging in discussions about knowledge itself, students become more aware of their own perspectives and are better equipped to evaluate information in an increasingly complex and interconnected world. This makes TOK essential in shaping thoughtful, open-minded, and reflective learners.

Extended Essay

The Extended Essay (EE) is an externally assessed, independent research project of up to 4,000 words that allows students to explore a topic of personal interest within one of the six IB subject areas. It is a rigorous academic exercise that develops advanced research, analytical, and writing skills. Through the EE, students learn how to formulate research questions, engage with credible sources, and construct well-reasoned arguments, skills that are fundamental for success at the university level. The process fosters intellectual curiosity, perseverance, and academic independence, making it one of the most valuable preparatory experiences within the IBDP.

Creativity, Activity, Service

Creativity, Activity, Service (CAS) is a vital experiential component of the IBDP that emphasizes holistic development beyond academics. It encourages students to engage in a balanced range of artistic, physical, and service-oriented activities, fostering personal growth, collaboration, and a sense of social responsibility. At Ullens School, CAS includes diverse opportunities such as creative pursuits like journalism, music, and visual arts; physical challenges through outdoor leadership and sports; and meaningful service initiatives, including community outreach and environmental projects. By participating in CAS, students develop essential life skills such as teamwork, resilience, and empathy, while also making a positive impact on their communities. CAS plays a crucial role in nurturing well-rounded individuals who are prepared to contribute thoughtfully and responsibly to the world.



PROJECT WEEK

Project Week is a cornerstone of the IB Diploma Programme at Ullens School, offering students a unique opportunity to apply their academic learning and CAS experiences in a meaningful, real-world context. This week-long rural immersion takes students beyond the urban environment into remote regions of Nepal, where they live with local families and develop a profound understanding of diverse communities, cultures, and environments.

The programme integrates research, education, and action, while strengthening key transversal skills such as collaboration, critical thinking, and adaptability. Students engage in structured research activities, including household surveys, focused group discussions, interviews, and participant

observation, to explore local socio-economic and environmental conditions. Through this process, they gain valuable experience in data collection, analysis, and interpretation.

In the education component, students work closely with local schools by interacting with teachers and students, preparing learning materials, supporting classroom activities, and contributing to school sanitation and environment initiatives. The action component emphasizes hands-on involvement, where students participate in practical projects such as minor construction, maintenance, and community-based tasks that address immediate local needs.

Project Week also promotes both personal and community

development. Students step out of their comfort zones, cultivating empathy, resilience, humility, and a strong sense of social responsibility. At the same time, they collaborate with local groups, such as youth clubs and community organizations, to identify challenges and contribute to sustainable solutions. Before the immersion, students organize fundraising activities within the school to support their initiatives and provide resources for the communities they serve.

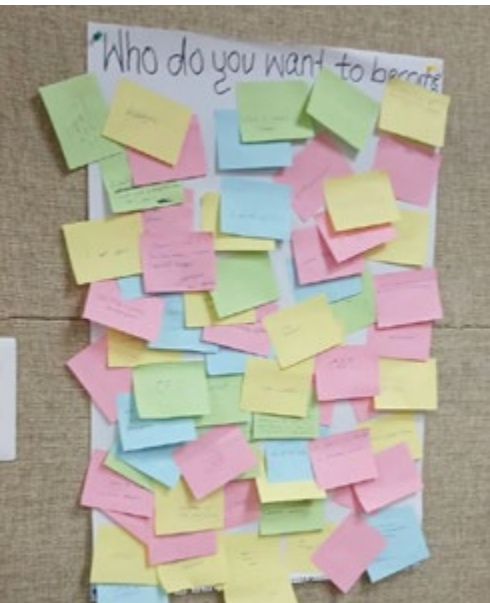
Following the completion of Project Week, students engage in reflection through written reports and group presentations, enhancing their communication and critical thinking skills. This holistic experience, therefore, plays a vital role in shaping compassionate, reflective, and globally minded individuals.





IB LEARNER PROFILE

All IB programs aim to develop internationally minded people who, recognizing their common humanity and shared guardianship of the planet, help to create a better and more peaceful world. IB learners strive to be:



Inquirers

They develop their natural curiosity. They acquire skills necessary to conduct inquiry and research and show independence in learning. They actively enjoy learning, and this love of learning will be sustained throughout their lives.

Knowledgeable

They explore concepts, ideas, and issues that have local and global significance. In doing so, they acquire in-depth knowledge and develop understanding across a broad and balanced range of disciplines.

Thinkers

They exercise initiative in applying thinking skills critically and creatively to recognize and approach complex problems, and make reasoned, ethical decisions.

Communicators

They understand and express ideas and information confidently and creatively in more than one language and in a variety of modes of communication. They work effectively and willingly in collaboration with others.

Principled

They act with integrity and honesty, with a strong sense of fairness, justice, and respect for the dignity of the individual, groups, and communities. They take responsibility for their own actions and the consequences that accompany them.





Open-Minded

They understand and appreciate their own cultures and personal histories, and are open to the perspectives, values, and traditions of other individuals and communities. They are accustomed to seeking and evaluating a range of points of view and are willing to grow from the experience.

Caring

They show empathy, compassion, and respect towards the needs and feelings of others. They have a personal commitment to service, and act to make a positive difference to the lives of others and the environment.

Risk-Takers

They approach unfamiliar situations and uncertainty with courage and forethought, and have the independence of spirit to explore new roles, ideas, and strategies. They are brave and articulate in defending their beliefs.

Balanced

They understand the importance of intellectual, physical, and emotional balance to achieve personal well-being for themselves and others.

Reflective

They give thoughtful consideration to their own learning and experience. They are able to assess and understand their strengths and limitations in order to support their learning and personal development.



ADMISSIONS

Ullens School follows a transparent and inclusive admissions policy that does not discriminate against students based on race, color, religion, or national/ethnic origin. We maintain a high level of economic, ethnic, and occupational diversity among parents, and a gender balance among students in our classrooms.

Students who wish to get enrolled at Ullens School IB Diploma Programme should follow these steps:

STEP 1:

Upon admissions announcement, students who have completed or are waiting for results of their SEE (or equivalent examinations) submit the application form. Admissions for the IBDP open in March every year, for the academic session that starts in August.

STEP 2:

The application committee, consisting of the Principal and IBDP Coordinator, carefully reviews applications.

STEP 3:

Students are then called for an interview with the Principal and will be admitted based on the same.

Step 4:

Students will be issued an acceptance letter from the Admissions Office.





ULLENS EXCELLENCE AWARD



Each year, Ullens School awards full scholarships to underprivileged youth in Nepal, with a particular focus on academically high-achieving students from economically disadvantaged backgrounds. In 2018, the school introduced the Ullens Excellence Award Scholarship to support deserving candidates in pursuing the International Baccalaureate Diploma Programme (IBDP), and later, from 2019, opened it for students pursuing the National Examination Board (NEB).

The scholarship selection process begins after the publication of the Secondary Education Examination (SEE) results. Announcements are made through



national media outlets and Ullens School's official social media platforms to ensure wide outreach and accessibility.

The selection process is administered by a dedicated committee composed of representatives from the Ullens Education Foundation Board, the Executive Committee, the Principal, and the Coordinator of the IB Diploma Programme. This committee ensures that the evaluation is fair, transparent, and merit-based, thereby upholding the school's commitment to academic excellence and social responsibility.



Students, especially those from disadvantaged communities, have secured 100% scholarships in the IB Diploma Programme and the NEB program. These students come from the following districts: Achham, Bajura, Bhojpur, Dang, Dhading, Dhanusha, Dolakha, Dolpa, Gorkha, Humla, Jhapa, Kaski, Kathmandu, Kavrepalanchowk, Lalitpur, Makwanpur, Nawalparasi, Nuwakot, Okhaldhunga, Parsa, Rautahat, Rukum, Rupandehi, Saptari, Sindhupalchowk, Solukhumbu, Sunsari, Surkhet and Tanahun.



SALIENT FEATURES

Faculty Expertise

At Ullens School, our faculty form the backbone of the IB Diploma Programme, bringing strong academic credentials and a deep commitment to student success. All teachers undergo rigorous training through the International Baccalaureate Organization, ensuring they are well-versed in IB pedagogy, curriculum design, and assessment practices. In addition, many of our teachers serve as IB examiners, which provides them with valuable insight into examination standards, assessment criteria, and marking schemes. This enhanced understanding enables them to guide students more effectively, offer targeted feedback, and support them in meeting and exceeding the expectations of the IB Diploma Programme.

IBDP Recognition

IBDP is widely recognized in Nepal and by reputed universities around the world. Most of these institutions have established exclusive recognition and extra credit policies for the IB diploma. The IB diploma is also considered to enhance opportunities for admission to universities worldwide with scholarships. IBDP graduates get admitted to best known universities on a regular basis and have a greater acceptance rate in universities' undergraduate programs.





Academic Counseling Center

Ullens School IBDP provides guidance for university admissions (university selection, application, essay writing, TOEFL, IELTS, SAT, and other entrance examinations) through its academic counseling center. It helps students evaluate their abilities, interests, talents, and personality in order to develop realistic academic and career goals. Students are also supported to identify their subjects for further studies through interviews, counseling sessions, and interest and aptitude assessment tests. The academic counseling center also invites representatives of different universities to hold a seminar for the students and parents.

Mental Health Access and Inclusion

Ullens School IBDP provides counseling services to address the social, emotional, and behavioral needs of the students. Counseling services are tailored to meet the needs of each individual. These sessions help students enhance their self-esteem, strengthen interpersonal and social skills, improve organizational and time management abilities, and develop resilience in coping with various stressors. The counselors maintain a high degree of confidentiality in order to create an environment for students to openly discuss their issues.



ABOUT IBO

History

The International Baccalaureate Organization (IBO) was founded in Geneva, Switzerland, in 1968 as a non-profit educational foundation.

Mission

The International Baccalaureate aims to develop inquiring, knowledgeable, and caring young people who help to create a better and more peaceful world through intercultural understanding and respect. The IBO works with schools, governments, and international organizations to develop challenging programs of international education and rigorous assessment. These programs encourage students across the world to become active, compassionate, and lifelong learners who understand that other people, with their differences, can also be right.





Main activities

The IBO works in four areas:

- Development of curriculum
- Assessment of students
- Training and professional development of teachers
- Authorization and evaluation of schools

IB World Schools

The IBO does not own or manage any school. Instead, the IBO works with schools around the world (both state and privately funded) that share its commitment to international education.

Schools that have been authorized by the IBO to offer one or more of its programs are known as “IB World Schools”.

These schools

- share the mission and commitment of the IBO to quality international education.
- play an active and supporting role in the worldwide community of IB schools.
- share their knowledge and experience in the development of the IB programs.
- are committed to the professional development of teachers.

Authorization to become an IB World School is an intensive process that typically takes two or more years and includes site visits by an IB team.

As of October 2025, over 8,700 programs were being offered across more than 6,000 schools in over 160 countries.

UPDATED INFORMATION: <http://ibo.org/about-the-ib/facts-and-figures/>

Ullens Team

BOARD OF TRUSTEES - ULLENS EDUCATION FOUNDATION



Som Paneru
Founding President



Prof. Dr. Bhola Thapa, Trustee
Chair, School Management Committee



Sajani Amatya
Founding Trustee



Anita Mahat
Trustee



Dr. Hem Sagar Baral
Trustee



Pradhyumna Kumar Khanal
Trustee



Dr. Manish Thapa
Trustee

HEAD OF DEPARTMENTS



Medin Lamichhane
Chief Academic Officer



Aruna B. Gyawali
Chief Operating Officer



Chandra Shekhar Ghimire
Chief Finance Officer

ACADEMIC LEADERS



Ekta Rana
Head of School
Ullens School, Lalitpur



Bunu Karki Thapa
Principal
Ullens School Kathmandu



Elisha Shrestha
Vice Principal
Ullens School Kathmandu



Dr. Shishir Adhikari
Academic Director
Ullens College



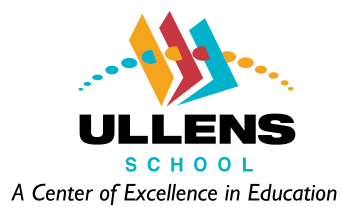
Sanjay Adhikari
Director
Ullens Center for
Educator Development



**IBDP
2027**



Diploma
Programme



Inspired by



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